



UOL BULLETIN

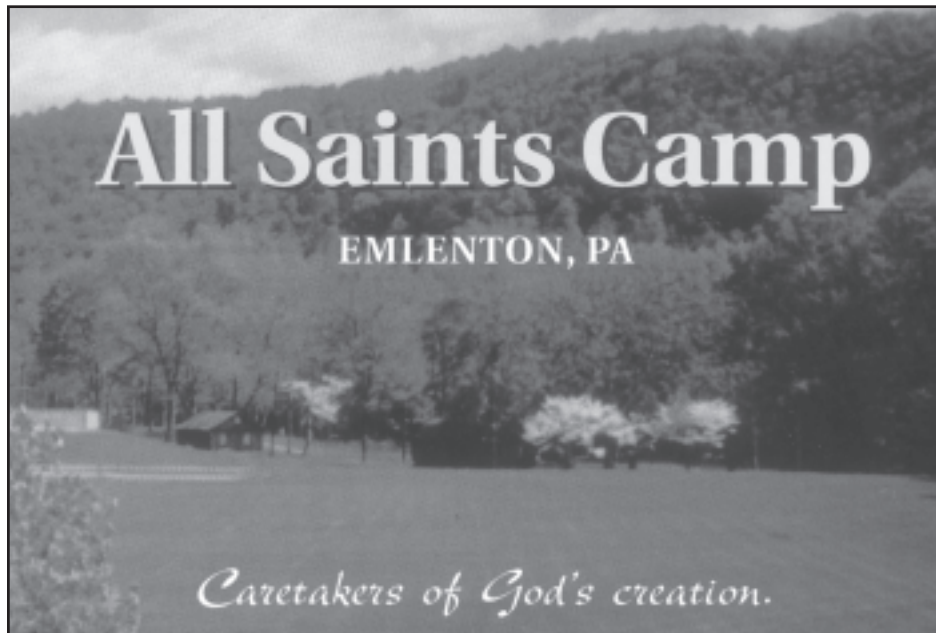
UKRAINIAN ORTHODOX LEAGUE OF THE UNITED STATES OF AMERICA

Dedicated to the Church – Devoted to its Youth

VOL. 49 NO. 6

APRIL, 2003

ALL SAINTS CAMP 25TH ANNIVERSARY June 22, 2003



This year we will celebrate the 25th Anniversary of the dedication of All Saints Camp. The date is June 22nd—*All Saints Sunday*. We need your help in planning, preparing and carrying out the program on this historic day—a very special day in the life of the Ukrainian Orthodox Church of the U.S.A.

- Are you one of the workers, who back in 1977 and 1978 helped to prepare the camp and participate at the dedication on Sunday, June 25, 1978?
- Perhaps you are among the dedicated group of workers who spent weekends doing the maintenance work; cleaning-up the grounds, mowing grass, painting cabins, etc.?
- Perhaps you were part of the kitchen staff or maintenance staff?
- Perhaps you were a visitor to one of the Bandura Concerts?
- Perhaps you were a participant at the 5th, 10th, 15th or 20th anniversary celebration or one of the two Millennium observances?

ALL SAINTS CAMP NEEDS YOUR HELP!

- Perhaps you worked on the construction of the Millennium Cultural Center or participated in its dedication?
- Perhaps you were a participant at one of the many Family Fest Week ends or Adult Conferences?
- Perhaps you haven't been to the camp for some time—well now is a good time to plan a reunion. **Bring your children, grand children, parents and family to see what you have missed.**
- Do you have any ideas or suggestions for this grand celebration?
- Would you like to help with preparations to spruce-up the camp? Help with the set-up and work on the day of the celebration? Then please let us know or come to the Quarterly Meeting in May at the Camp.

For more information contact:

Bohdan Hryshchyn, 25th Anniversary Chairman
701 Tralee Dr., Bethel Park, PA 15102-1333
412-833-2551

Stephen R. Sheptak, Camp Administrator
136 Mercer St., Butler, PA 15001
724-284-1265

JUNE 22ND — JUNE 22ND — JUNE 22ND — JUNE 22ND

“MY EXPERIENCE AT AN ORTHODOX MISSION PARISH”

by Elizabeth Bowman



My first encounter with Saint Nicholas Mission was in a hotel conference room in the Days Inn, Charlottesville, VA. The congregation, a total of six, sat on folding chairs, while the priest used a collapsible table as an altar. The entire time I was confused and upset as to why my parents dragged me to this “weirdo” service. I wanted my red cushioned, dark oak pews, full choir, handbells, organ, stained glass Presbyterian Church of twelve years. It was hard for me to listen to talk about Mary in more ways than just the Mother of Jesus, smell the overpowering incense, and stand up for more than a three minute hymn. However, I kept going, even after the church moved out of the hotel and into an office-building basement. It was too difficult to go to my own church alone at the age of thirteen; the logistics of trying to find rides to First Presbyterian was difficult -- I wasn't sure if I even wanted to go there anymore. So I stopped attending my parish and started going to Saint Nick's full time.

I was chrismated at the age of fifteen and began a new life as an Orthodox Christian

I grew to love Orthodoxy, before I even understood what everything meant. My first real “jump” into the faith was the first Sunday I sang the Liturgy. After a year of classes and preparation, I was willing to accept the faith. I was chrismated at the age of fifteen and began a new life as an Orthodox Christian.

The struggles of faith in a mission church are so apparent. Between losing members and creating a parish board, it is difficult to trust in God that the mission will survive. Not only faith in the continuing existence of the mission, but also personal struggles of faith are experienced. Missions provide a sort of open forum for those in and outside of the faith. They attract people from a wide spectrum. There are people who have only just heard of Orthodoxy, people who left the Church, and all in all -- people who are just not sure what they believe but desperately need something to believe in. I've watched so many struggles of faith, been through so many of my own.

My mission parish provided me with what I needed to win, what I needed to let God win really

There is a real connection between parishioners and the clergy in my mission parish. We go through everything together and find strength to hang on to our sometimes--teetering faiths. Everyone chips in, even the kids, when it comes to keeping the church running, setting up a youth school program, preparing for Pascha, Christmas, Lent... everything. On Sundays, we all come together to bow before the Lord as one body in Him. *We are all united by the Eucharist. This is what keeps us together. It is what keeps our mission growing. It is the reason everyone comes back again and again — the living Christ.*

(Elizabeth Bowman is currently the National Jr UOL Vice President and attends St. Nicholas Ukrainian Orthodox Mission in Virginia.)

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The absolute deadline for each monthly issue is the 5th of the prior month. Photos will not be returned unless accompanied by a self-addressed stamped envelope.

Note to Contributors: All articles submitted to the *UOL Bulletin* must be in 12 point Times New Roman (font), or typed and double spaced in 12 point type. Articles may be submitted via e-mail attachments. The editor reserves the right to condense any material submitted. Material cannot be returned.

Advertising rates: Please inquire through editorial offices.

UOL FISCAL YEAR AND DEADLINES 2002-2003

APRIL	30	DEADLINE: Chapter Project Contribution Convention Registration Forms mailed DEADLINE: Essay Contest Entries
MAY	5	<i>UOL BULLETIN</i> Submission deadline
	10	Sr. Executive Board Meeting, Palos Park, IL
	17	Basketball Tournament – Philadelphia, PA
	31	DEADLINE: LSSK Scholarship Applications DEADLINE: UOL Awards Applications
JUNE	1	DEADLINE: <u>Annual Reports</u> : Chapter, National Executive Board and Jr. Executive Board due to Sr. Corresponding Secretary
	15	DEADLINE: Chapter Election Reports due to Sr. Corresponding Secretary DEADLINE: Delegate Forms due to Convention Committee DEADLINE: Convention Registration Payment 22 ALL SAINTS CAMP – 25 TH ANNIVERSARY
JULY	1	DEADLINE: Cultural Contest Entries
	23-27	56th Annual UOL Convention , Palos Park, IL

56th Annual UOL Convention July 23 - 27, 2003

“Let all that you do be done with love”

(Cor. 1:14)

Hosted by Senior and Junior UOL Chapters

at

Sts. Peter and Paul Ukrainian Orthodox Church, Palos Park, IL

Convention Site

HYATT-REGENCY HOTEL, Oak Brook, IL

\$114.00 Singles and Doubles

Request Ukrainian Orthodox League RATES

(630) 573-1234

In addition to UOL Business Sessions, the PACKET PRICE OF \$185.00 will include two Hospitality Nights, one Brunch at the Hotel, one Polynesian Night (with dinner and entertainment), the Banquet and Ball (with the famed “Good Times” Ukrainian Band, and a Farewell Luncheon, and a fantastic guest speaker from Boston.

***For further information contact:
Noreen Neswick, (708) 429-6097***

or

Anatol Bilyk, (847) 888-5537

PRESIDENT'S COLUMN

Daria A. Pishko



Dear Brothers and Sisters in Christ,

Glory to Jesus Christ! Glory forever!

By the time you read this column we should be in the home stretch of our Lenten journey. Pascha is right around the bend and I am sure we are all in anxious anticipation of the wonderful celebration that is soon to come.

Preparation for my Lenten journey certainly started off on the right foot as I joined 36 Junior and Senior League participants at the PreLenten Retreat held at the Jesuit Retreat Center in Parma, Ohio. Natalie Kapeluck, conference coordinator, Father John Nakonachny, Spiritual Advisor and their committee of Natalie Bilynsky and Elizabeth Bowman and speakers Father Dennis Kristoff and Father Deacon Ihor Mahlay ably guided the group through a thoughtful, spiritual, yet fun weekend. The ages ranged from 10 years old to 50-something. Yet the comradery was great – initially developed during the team games on Friday evening and cemented through our outreach activities to help the homeless at the St. Herman's House of Hospitality. Each of us learned how a kind smile was enough to share the light of Christ which burns deep within us, the precious light with which we were each illumined by our baptism. Candles suddenly mean more today than they did the day before. We left with a feeling of warmth and satisfaction knowing that our membership in the family in Christ never rang more true than it did this weekend.

Our thanks to St. Vladimir's Chapters and Parish in Parma for welcoming the participants so warmly. Our special thanks to all of the parishes and chapters who supported the attendance of their junior and senior members enabling them to share this enriching experience. I hope this winter retreat will continue to be open to both Juniors and Seniors in future years and I hope that by sharing our experiences we will entice more of our members to make an effort to attend. It was truly the midwinter reinforcement that *my* spirit needed to prepare for the journey of Lent.

In February we also had a successful meeting to review the roles and responsibilities of the UOL Youth Commission in light of the formation of the Office of Youth Ministry at the Consistory. Laryssa Sadoway accepted the responsibility of chairing the evaluating committee and she did a great job of bringing all the right parties together for a stimulating discussion. Natalie Kapeluck, director of the Office of Youth Ministry, Archbishop Antony, Anya Priester, president of the Junior UOL and Natalie Bilynsky, Junior League Advisor, joined Laryssa and yours truly in a constructive and creative discussion of how the UOL can assist and support the OYM and yet be the incubator of new and innovative ideas. The product of the meeting was an organizational plan which divided the traditional youth activities responsibilities between the OYM and UOL and identified a number of “stretch goals” that could be accomplished through joint efforts and initiatives. I am hoping that we can have similar meeting/brain storm sessions with the corresponding offices and directors of Education, Vocations/Clergy Candidate and Christian Caregiving and Missions prior to the convention to serve as the basis for robust discussions during our convention deliberations. I feel it is important to coordinate our efforts with the Consistory to conserve our total energy and that it is imperative to develop goals that look beyond a one year horizon. Let's face it — although we're elected to a one year term, most of us are dedicated to the UOL for life, and as such, the task of laying out a plan that either we can follow or that can be passed to the next responsible party should not be a big deal. As long as the goal is accomplished, who cares who gets the credit? The tasks that we have to accomplish at this stage in the UOL's life need a horizon in excess of one year. We need to attend conventions prepared to formulate that long term vision. The Board will be tasked to execute. Again, let me mention, plan to come to this convention, and expect to produce some creative constructive ideas. Last year's committee deliberations were wonderful in that regard and I feel that with prior coordination with the Consistory Offices, we can be even more focused in our goals and ideas.

I pray that you and all of your families enjoy a blessed and joyous Pascha. I'll look forward to seeing many of you in South Bound Brook for Saint Thomas Sunday, in Philadelphia for the Basketball Tournament, and at the All Saints Camp Memorial Day Weekend for the Young Adults Retreat. Our next Board meeting will be in Palos Park the weekend of May 10th. If you are in the area, please plan to stop by. Until next month, I remain,

Yours in Christ's love,
Daria A. Pishko
President

JR. UOL PRESIDENT'S COLUMN

Anya Priester



Glory to Jesus Christ!

It has been a very busy winter for the Junior Board. After our meeting in Boston February 1-2, we have all been busy working to get things done. Tickets for the **Annual Convention Raffle** have been printed and distributed. Each chapter should have received the appropriate number of tickets, and we hope that all tickets will be sold before the Convention! Within the National Board, we have a running competition to see who can sell the most tickets, and at the moment Natalie Bilynsky, our advisor, is winning! If tickets were not received or more are needed, please contact Vice President Alex Korda at rugbystud@aol.com.

The **UOL Retreat** in Parma went wonderfully, and many juniors were able to make it out to Ohio for the weekend. I have heard nothing but great things about the success of the retreat. Charlottesville, Virginia is planning to host a **St. Nicholas Youth Lenten Retreat** on the weekend of the Sunday of the Cross, **March 29-30th, 2003**. I hope that juniors are able to make the trip down for what I am sure will be a wonderful retreat.

With this year's Convention gradually approaching, the Junior Board will be accepting applications for our **Pysh Convention Travel Grant**. This grant is a great opportunity for financial aid for individuals and/or entire chapters in order to cut the costs of attending the UOL Convention this summer in Chicago, Illinois. For more information about the travel grant or for an application, please contact Colleen Scannell, at svennacol27@stny.rr.com, or me, Anya Priester, at anyabear@attbi.com. We look forward to receiving your applications, and hope that we will be able to assist as many people as possible. **The application deadline is May 1, 2003.**

Two other things to think about are the **Annual Essay Contest and the Creative Contest**. Last year at convention, it was wonderful that several chapters had entered the creative contest and that we were able to all share and appreciate each other's creations. Both of these contests are wonderful opportunities to explore your own faith and share your work with the rest of the Jr. UOL. Corresponding secretary Elizabeth Bowman can be contacted at pixiemerchant@aol.com with any questions.

I hope that everyone has a thoughtful and spiritual Lenten season.

In Christ's love,
Anya Priester

JR. U.O.L. PYSH TRAVEL GRANT

*"Financial Support for
Convention Expenses"*

It is time once again to begin thinking about the upcoming Convention in July. The Junior UOL is offering the **Pysh Travel Grant** in an effort to encourage more participation in the Convention.

Three grants in the amount of **\$300 per grant** will be awarded to groups or single applicants. Every chapter President and Jr. Chapter Advisor have received information and an application in the mail. I strongly encourage everyone to complete an application and submit them to:

Colleen Scannell, 2000 Clover Dr., Vestal, NY 13850

The deadline is May 1st and applications will not be accepted after that time—so make sure to send them in soon. If you have not received information on the Pysh Travel Grant or have questions, please contact me at the address above or email me at: svennacol27@stny.rr.com.

ONE SENTENCE SERMONS:

- "Give God what's right - not what's left."
- "He who is good at making excuses is seldom good for anything else."
- "He who kneels before God can stand before anyone!"
- "Most people want to serve God, but only in an advisory capacity."
- "Pray' is a four letter word that you can say anywhere."
- "Wisdom has two parts: 1) Having a lot to say; 2) Not saying it."
- "Watch your step carefully! - Everyone else does!"

(L.S.S.K.) LYNN SAWCHUK-SHARON KUZBYT SCHOLARSHIP



"Application Guidelines - 2003"

The L.S.S.K. Scholarship was established in 1975 in memory of Lynn Sawchuk (Philadelphia, PA) and Sharon Kuzbyt (Clifton, NJ). The untimely deaths of two lovely, dynamic and vibrant young women in 1974 and 1975 left an indelible mark in the life of the U.O.L. and the Ukrainian Orthodox Church, and in the personal lives of their many friends.

Although Lynn and Sharon were only in their teenage years, they had displayed uncanny leadership abilities and were shining examples in dedicating their energies toward the U.O.L. Both were extremely active in the Church and the League. Both abounded in energy, love of life, and love of all with whom they came into contact.

Thus, the U.O.L. established a scholarship to perpetuate their memories with criteria based on their lives:

- A. Be a Jr. UOL member in good standing, or a past Jr. UOL member enrolled in or about to enter a program of advanced education, but not beyond five (5) years from high school graduation.
- B. Demonstrate outstanding performance in the service of the League and Church.
- C. Academic performance in high school.
- D. Involvement in extracurricular and civic activities.
- E. Be of high ethical and moral character.

(Note: A detailed explanation of the LSSK Scholarship is available by contacting Daria A. Pishko, LSSK Scholarship, 64 Coleman Ave., Chatham, NJ 07928.)

APPLICATION/ADMINISTRATIVE REQUIREMENTS

1. All LSSK scholarship applications must be submitted via CERTIFIED MAIL with RETURN RECEIPT REQUESTED, or another comparable means (e.g., FedEx, UPS, etc) that provides a return receipt or tracking number/process.
2. The Chairperson will notify the applicant via Postal Card if any part of the application has not been submitted.
 - *If an application arrives after the deadline date, the Postal Card will indicate that the application did not meet the deadline and will not be considered for a scholarship.*
3. **Applications are available on the UOL Website** for downloads at <http://www.uocofusa.org>. LSSK information packets have been mailed to Senior Chapter Presidents and Spiritual Advisors.

Requests for applications: Daria A. Pishko, Chairperson,
LSSK Scholarship, 64 Coleman Ave., Chatham, NJ 07928
Phone: (973) 635-8124.

APPLICATION DEADLINE: MAY 31, 2003

**"L.S.S.K. Scholarships -
Supporting Future Church Leaders"**

U.O.L. ARCHIVES

"National UOL Historical Material Needed"

- Historical records and materials
- Records from past National UOL Officers
- Convention Yearbooks

Forward to: UOL Archives (Attn: S. Sivulich), UOC of USA,
P.O. Box 495, S. Bound Brook, NJ 08880

YOUNGSTOWN JUNIOR U.O.L. ACTIVITIES

Our Junior UOL Chapter has had a busy few months. In November, we along with our parish honored Metro Fedyna on his 90th birthday. We gave a tribute time line of his involvement in church and personal life, and presented him with a red, white, and blue boutonniere.

On Veteran's Day, our junior members honored 17 Veterans of War who are members of Sts. Peter and Paul Ukrainian Orthodox Church with patriotic boutonnieres to show our feeling of gratitude for freedom. We also passed out "Freedom" flyers to our parish members.



**Jr. UOL Members Honoring Veterans on Veteran's Day
Eric Senedak, Charles Senedak, Michael Woloschak, and
Joanna Woloschak**

In December, our juniors decorated our church and Christmas caroled along with the Sunday school children of our church at a local nursing home to the delight of the residents! We held our annual Precious Angels Campaign and sold tickets for our Chinese Auction at our St. Nicholas Play. We also participated in "Winter Wonderful" donating toys and food to our local Rescue Mission.

In January, we held our annual "Lock-In" and invited Junior UOL members and young adults from five parishes within this region. They participated in our "Cans for a Cause Campaign" for which they brought nonperishable items for the Rescue Mission. Natalie Kapeluck was our guest speaker. Her spark for life with God shines in her ministry of our faith. *Thank you Natalie for an enlightening experience.* On the agenda was bowling, food, fun, faith and fellowship. After returning home from the bowling blast, we were "locked in" our church hall. We played basketball, ping pong, board games, crafts and foosball. A big thank-you to all who attended. You helped make our "2003 Lock-In" the best one yet. A special thank you to Sts. Peter and Paul's Youth Ministry for their generosity for all the events of the evening. (Also, thank you for the new foosball table, it was a big hit!)



Participants in Annual "Lock-In"

For our February service project, we helped to serve lunch at the Rescue Mission and donated the cans of food that we collected at our "Lock-In". Our Junior UOL members participated in the National Junior UOL "Gift of Life

(continued in right column)

GREETINGS FROM ST. JOHN'S JR. UOL CHAPTER

JOHNSON CITY, NY



**"St. Nicholas Program, December 2002"
Stephanie Shirk, Laurel Shirk, Jaclyn Onysko, Megan Scannell,
and Colleen Scannell**

Over the year from 2002-2003, our Jr. UOL has had many different fundraisers. From all the delicious breakfasts to the delightful smelling carnation sales, to our fun-in-the-sun carwashes, to our exciting coatrooms and then working the games booth at Ukrainian Day!

We also have Church projects we look forward to every year because it's our dedication to the Church and the people who take time out of their day to pray to God. This fall we baked cookies and sent letters to the college students from our Church. We decorated the Church for Nativity, and printed Communion cards for the pews so our friends in the parish could participate in the prayers. We hosted teen dances and invited nearby parishes so we could get to know other people who believe in the same religion we do. Our upcoming events include "Bring a friend to Church Day" which is our favorite thing because we get to interact with new people and friends. We are hosting "Movie Night" for all the families, friends and parishioners to get together and enjoy time together.

We take our community projects very seriously. They are our way of showing spirit for those who are less fortunate, in need, and even people who have lost lives. We wrote letters to NYC firefighters on the September 11th Anniversary. We took a collection and purchased gifts for Toys for Tots at Christmas. We volunteered at local soup kitchens and donated money to "Treasures for Charity" and "Gift of Life". We took part in the Down's Syndrome Buddy Walk which indeed go us in shape, but we believe that we should always take time to assist the physically challenged.

Our youth activities are a blast—from our Talent Show to the St. Nicholas play. Our recent event was making valentines for the shut-ins and in nursing homes. We also participate in the Orthodox Basketball league which we all enjoy. We were undefeated, until the championship game where we lost by one point.

We look forward to the Convention in Palos Park, IL this year and would like to thank our parents, advisors and parishioners for always supporting us.

Yours in Christ,
Laurel Shirk

YOUNGSTOWN JUNIOR U.O.L. ACTIVITIES

(continued)

Campaign" to help children in Ukraine who need heart surgery. We had a successful bake sale, and to get more parish members involved challenged the other groups of our church to match what we made at the sale.

Finally, the juniors along with our Sunday school children visited and decorated a local nursing home with the patriotic hearts we made for Valentine's Day. We also sent Valentine greetings to the shut-ins of our parish.

We have had a busy few months and look forward to our Junior UOL spring and summer activities.

Eric Senedak, Reporter

JUNIOR-SENIOR U.O.L. RETREAT

“Meeting the Light in Your Life”

On a bitter cold weekend on February 14-16, 2003 thirty-four members of the UOL gathered at the Jesuit Retreat Center for the first combined Junior-Senior UOL Retreat. Despite the age difference, with participants varying in age from young juniors, to young adults, to not-so-young adults (my cohort) the retreat participants came together as one family. As suggested by the theme “Meeting the Light in your life” participants were enlightened by the words of Fr. John Nakonachny, Fr. Deacon Ihor Mahlay and Fr. Dennis Kristoff. Each spoke eloquently about how we as individuals can move closer to the Light and live as examples of the Light in a world filled with darkness.

The Retreat scheduled during the Feast of the Meeting of Our Lord included participation in the Divine Liturgy on the Feast Day and on Sunday, with participants partaking in the Eucharist as witnesses of the True Light on both days.

On Saturday the group visited St. Herman’s Monastery in Cleveland and volunteered by helping with preparation of dinner and sorting of donated clothes.

Natalie Kapeluck, retreat organizer, prepared a very moving conclusion with each participant identifying one time during the weekend where they had seen the Light. Each member passed a small lighthouse to another while describing how they had seen the Light during the retreat. The darkened room glowed not only from the lighthouses but also from the love felt during the retreat.

The only disappointment of the weekend (among the senior contingency) was that the Senior UOL members lost the Junior-Senior Challenge in Logos. Despite a valiant effort from our Most Valuable Player Melanie Nakonachny (who was able to decipher “perdition” in a game of charades) the seniors lost an eight point lead.

On Sunday as the snowstorm of our young century barreled up the East coast, the retreat participants sang the Lord’s Prayer during the Liturgy. The retreat ended with a scrumptious buffet prepared by the Parma chapter. Nourished both physically and spiritually participants returned to their home parishes.

Natalie Kapeluck is to be commended on planning a wonderful retreat weekend. Her Dedication to our Church and Devotion to our Youth is truly a Light for all.

Natalie Bilynsky
Jr. UOL Advisor

Ukrainian Orthodox Church of the USA

CAMPING PROGRAMS/SCHEDULE – 2003

All Saints Camp, Emlenton, PA

CAMPER AND COUNSELOR APPLICATIONS NOW AVAILABLE

- JUNE 21 – JULY 5 **DIOCESAN CHURCH SCHOOL CAMP**
Needed: * Campers, Age 9-13
 * Counselors, Age 18+
 * Counselor, Aids Age 16+
- JULY 6 – JULY 19 **TEENAGE CONFERENCE**
Needed: * Campers, Age 13-18
 * Counselors, Age 20+
 * Counselor-In-Training, Age 19+
- JULY 28 – AUG 1 **MOMMY & ME/DADDY & ME**
Needed: * Campers, Age 4-8 and their parents
 * Staff, Age 16+
 * Counselor Aids, 14+

CONTACT: Office of Youth Ministry for Applications,
or visit website: www.uocofusa.org

UOL BASKETBALL TOURNAMENT

May 17, 2003 – Philadelphia, PA

Contact: Mark Bohlen, (610) 254-0248
Email: markbohlen@msn.com

EASTER CUSTOMS AND TRADITIONS

“Pysanky – Paska – Food Blessing – Fun and Games”

by Elizabeth Mitchell, Staff Writer

Easter (“Pascha” in Ukrainian) is the annual festival throughout Christendom in commemoration of the Resurrection of Jesus Christ. The root of many of the truly Christian traditions listed herein can be found in the early culture of our ancestors of pre-Christian times.

Pysanky – One of the oldest arts practiced by Ukrainians is decorating the egg. The decorated eggs are called “pysanky”, taken from the word “pysaty” in Ukrainian, which means “to write”. Folklore has it that a pysanka can avert all evil, bring good crops, and help a young maiden to win the man of her dreams. After the event of Christianity, the decorated eggs took the new symbols of the Resurrection with its promise of eternal life. What seemed to be only an ancient tradition is now recognized as a distinct well-developed branch of folk art, a definite contribution to world culture. Time has not reduced the simple forms on the pysanky, as each generation strives for greater perfection, beauty and intricacy. Ukrainians have become unrivalled experts in this interesting folk art.

Ukrainian Easter



Paska – Ukrainian women take great pride in making their Easter bread known as “paska” in Ukrainian. The paska is a rich round bread decorated with elaborate dough ornaments, having a cross as the central motif. The ornamental finishes on the paska are given much attention so as to reflect the beauty and wonder of Easter. Paska has always been significant in Ukraine, for bread is symbolic of Jesus Christ and eternal life.

Food Blessing – A tradition among Ukrainians is to take their Easter baskets laden with meat, eggs, cheese and paska to the church to be blessed. Only upon returning from Liturgy on Easter morning should family members partake of the blessed food.

Fun and Games – In Ukraine on Easter Monday, sometime called “Wet Monday”, the boys from the parish douse the girls with water. The significance of this custom – as the watered plants grow well and bring a rich harvest, so the boys wish the same to the girls. Youngsters and older boys take advantage of this pre-Christian privilege. Of course, the girls want the boys to grow well and bring a rich harvest, so on Easter Tuesday; it is their turn to douse the boys with water.

Because the customs of Ukraine are still kept and honored, Easter is a beautiful memorable event in the life of every Ukrainian.

**CHIST IS RISEN!
INDEED HE IS RISEN**

Sources (Condensed):

TRADITIONAL UKRAINIAN COOKERY – Easter – Savella Stechishin, Communications Printing, Coraville, IA

THE UKRAINIAN TREND – Easter Customs, Traditional Easter Paska, Ukrainian Easter, Why Do We Decorate Eggs?, Ukrainian Youth League of North America

UKRAINIAN EASTER – Communication Printing, Coraville, PA

GREAT LENT GIVEAWAY - 2003

Raising God's House We Are Family!

As with any family, we pull together to help one another when we embark upon new chapters in our lives. We throw showers for weddings and births, we have parties for birthdays and anniversaries. Today we are helping to raise a home for our brothers and sisters and Christ in which to worship. These mission parishes are in need of liturgical items, funds to build their churches and prayers. Please help us during this time of reflection and alms giving, Great Lent, to help our Ukrainian Orthodox Family!

WISH LIST FOR MISSION PARISHES

The following items are needed for worship at our Mission Parishes:

- Large Icons of Christ and the Mother of God
- Candleholders (preferably seven candle)
- Chalice, discos, star, spoon and spear
- Chalice and discos covers
- Altar Covers
- Altar Cross
- Censor and Stand
- Antophorion
- Gospel Book
- Plaschanytsa (Burial Shroud of our Lord)
- Paschal Candleholder
- Processional Cross and Fans
- Litia Tray
- Festal Icon Set
- Priest's Vestments (gold, white, red, purple)
- Altar Servers Vestments (any color)
- Altar Servers Candleholders
- Sunday School/Educational Materials

This year's Great Lent Giveaway is sponsored by the Ukrainian Orthodox Church of the USA Offices of Youth Ministry and Missions and Christian Charities, and Junior and Senior Ukrainian Orthodox League. Contact these organizations for more information for the specific needs of the parishes or to make a monetary donation.

A model program that can be used throughout Great Lent with parish youth groups, church school and Jr. UOL's is available through the OYM office or from the internet at www.uocofusa.org, uocoyouth@aol.com or 412-488-9664

Items may be mailed or delivered to the Office of Missions and Charity, 1893 West Royalton Road, Broadview Hts., OH 44147. The Office will distribute the items as needs arise. Questions concerning the Liturgical items or your donation can be answered by Father Deacon Dr. Ihor Mahlay at (440) 582-1051. The UOC Consistory Office of Missions and Charity financially supports the missions only during the initial months of formation. This subsidy depends on your generous donations to the New Missions Fund. Please forward all donations to: UOC of the USA, PO Box 495, South Bound Brook, NJ 08880.

CARNEGIE JR. UOL CHAPTER

"Help Our Parish Become Souper Bowl Champions!"

We had a great event on Super Bowl Sunday (with the above theme) when our Junior Chapter provided a lunch of three different soups and sandwiches with all profits going to the Elizabeth Ann Seton Food Pantry, a local food kitchen that serves the needy. With the help of Fr. Steve, Sherrie Walewski and Mrs. Sawchuk (our Jr. Chapter Advisor), junior members helped prepare and serve the food, and then we did the clean-up. AND...we raised \$325.00 that was donated to the food pantry. This event is promoted by the National Jr. UOL and sponsored by the International Orthodox Christian Charities.

We plan to go tubing at Seven Springs Ski Resort on March 23rd, if there is snow. Our Jr. members will be making Easter Eggs for the Senior's Annual Easter Egg sale, we will be helping with a booth at that sale, and "maybe" we will have a team for the UOL Basketball tournament in Philadelphia. We're also thinking about going bowling. The senior chapter is conducting a pysanky class for the juniors on Sunday, March 16th.

Oh yes, some of us helped to shovel snow around the church, the hall and parish home, *during our record-breaking snow season!*

Natasha Walewski, Reporter

RELIGION: QUESTIONS

by Fr. John Harvey

Confined to nursing home and not confirmed?

#1 QUESTION: As my sister-in-law has just entered a nursing home and her long-term prognosis is not good, a problem is arising for which I hope you have some advice.

The lady in question is a baptized and confirmed Lutheran, but since her marriage many years ago she has come to our church with utter regularity, but has never converted. She is known by all and has helped out with pyrohy and other church activities on many occasions. What do I do if she dies? The Missouri Synod Lutherans are so strict. If she has not communed there in years they won't bury her.

ANSWER: In the English language Trebnik (Book of Sacraments and Prayers) there is a funeral service for non-Orthodox baptized Christians. Your sister-in-law fulfills the minimum criteria, and so could be buried next to her husband. The funeral would be done from the funeral home as she was not a communicant in our parish. It is a noble service, but it is different from our funeral and there is no "eternal memory" sung.

We do not seek out non-Orthodox baptized Christians to bury, BUT in cases such as yours, this is done as a mercy and the body is buried with Christian decency. The services has its origins in the old Russian Empire, where Christian inhabitants of Ukraine, Siberia or wherever often did not have a Protestant minister or Catholic priest to conduct burials of Christians and so the Orthodox Church rose to the occasion. With the express blessing of the Archbishop, I have utilized this service, as needed, usually providing burial for a non-Orthodox spouse of a parishioner.

Reconfessing a sin.

#2 QUESTION: Some things I did many years ago caused a lot of heart-ache and aversely affected other peoples lives. I just hate myself for the trouble I caused them. In any case, I have confessed the same sin several times over the years, but Father recently chided me for reconfessing something I confessed in the past.

I may have confessed this in the past, but the enormity of my guilt still seems to overwhelm me today. What should I do?

ANSWER: Part of the process of repentance is the verbal confession in church, by which we receive the assurance that God Himself has forgiven us. At the absolution prayer, if we have come with the right attitude, whatever sin we have committed, no matter how great, disappears into oblivion NEVER to be recalled again. Our human nature may not be so forgiving, and Satan, who likes to see us wriggling and suffering on the hook of guilt may keep this fresh in our consciousness. Let us remember that we are called to love God, our neighbor and OURSELVES. If we have hatred for ourselves, even if we say we love God and our neighbor, then our love is unbalanced and we are not whole.

Speak to your pastor about counseling on how to forgive oneself. If we have avoided the sin in question over the years, or have tried to amend a situation we have caused, we are doing something therapeutic, but let us break from Satan's clutches and reject the load of guild that he wants to put on our shoulders. **Once confessed is once forgiven by God**, which means we must forgive ourselves as well. This may seem hard to do, but is it necessary for our spiritual health.

Religious and cultural traditions...are they dying?

#3 QUESTION: During the past few years, the annual house blessing is done only if you specifically ask for an appointment....and less and less of our parishioners seem to be doing this. Likewise, we no longer have a group going around to the houses for kolyady.

Is this the trend today? I cannot help but feeling we are losing something rich in our spiritual heritage.

ANSWER: As time goes by, some observances within our parishes seem to be sadly dying out. Apathy can take its toll and needs to be counteracted. Some UOL Chapters have faded away as well, and we are certainly poorer for it. In our society there is so much going on that the focus of our life is often elsewhere. The parish priest, parish council and UOL chapter should see to it that parish life does not lose its sparkle, its savour. If we go for minimalism then parish life will truly diminish. Being creative and involving different age groups keep up interest. Our calendar of feasts, our heritage of church customs all can be a rich source of satisfaction if presented properly. The Orthodox Church is certainly not blah and boring, so don't rest and accept mediocrity, but revive what makes our church vibrant and different.

Who does the work when the elders are gone?

#4 QUESTION: This year we had palms for Palm Sunday and it just wasn't the same. I know that the people who used to cut the willows have either died or are now in the nursing home, so what can we do?

(continued on page 7)

5th Annual Young Adult Memorial Day Weekend and Young Adults Days 2003

Join Young Adults from around the country to participate in these two amazing events! The 5th Annual Young Adult Memorial Day Weekend will be held May 23-26, 2003 at All Saints Camp in Emlenton, PA. This action packed, fun and faith filled weekend will certainly start your summer with a BANG! We donate part of our time to help the camp prepare for the coming season. The rest of the weekend is spent in workshops, volleyball, free sports, hiking, games, Liturgical Services, Bon Fires and much more. Highlights of the weekend include spending time with His Beatitude Metropolitan Constantine, the Iron Chef Cook-Off, Karaoke Extravaganza and this year we will be creating the All Saints Camp Family Tree. The cost for the weekend is \$35 for all meals and accommodations – You can't pass that up! RSVP to Natalie Kapeluck at uoc youth@aol.com or (412) 488-9664 by May 16 to reserve your spot. There is a \$10 late fee if you register after the deadline.

YOUNG ADULT DAYS - 2002

We will come together again from July 14-15 in Chicago for Young Adult Days 2003. Alicia Oryhon of our senior UOL Chapter in Palos Park has planned an exciting two days for us. We will begin with visiting the Chicago Botanical Gardens where you can tour the exquisite gardens, go bike riding, roller blading and see art exhibits. Our second day will include a day at the Chicago Beaches and Movie Night at Grant Park. The cost for these events is only \$5 per day. Again – how can you pass up this kind of fellowship? Hope to see you soon!

RELIGION: QUESTIONS

(continued from page 6)

ANSWER: In the Ukrainian language Palm Sunday is rendered as “Flowery Sunday”. In the service we mention that the Hebrew children carried palms and branches. The picture we get is that in praise of the Lord Jesus, palm branches and flowery branches were all waved about in praise. The climate of most of Ukraine was such that the first flowery branches of spring, the pussy-willow, had to be used exclusively.

Here in the USA, we have continued the European tradition, but palms here are also readily available and equally fulfill the purpose. In the case of your parish, the lack of pussy-willows can easily be resolved. If you have a corner of the church grounds, or a parishioner wants something ornamental, nurseries can easily provide willows, which now can be obtained with even pink buds. In one parish I remember, parishioners planted some of the cut willows they received in church, and the church was assured of a steady supply for years to come.

Be creative! Why pay a grower in Florida, when you can easily provide your own resources.

Hieromonks, Igumens and Archimandrites.... what do they mean?

#5 QUESTION: In our calendar, I see terms referring to priests as hieromonks, Igumens and archimandrites. I know these refer to clergy who are monks, but what do these titles mean?

ANSWER: In order to properly offer a proper explanation of the abovementioned terms, I must first put this in the proper context.

Yes, all of these titles are *ranks of monk-priests*, BUT they only make true sense when the individual in question is actually resident in a monastery. A hieromonk is a monk priest, that is a generic category. One may be a professed monk without being a priest, in fact, in a functioning monastery there normally would be no special need to have more than a couple of ordained priests for liturgy and the sacraments. Igumen and archimandrite are titles for heads of monasteries, and here if one is actually the head of the monastery, it would signify the title of “abbot”.

In our diocese, we have a number of monk-priests who have served parishes for a number of years and have igumen or archimandrite mainly as an honorific title. This would be equal to a married priest of many honorable years of service who is an archpriest, or higher still, a mitred archpriest or protopresbyter.

In parish life, an honorific title for our monastic clergy makes sense, BUT if they were all to go to a monastery at once, it would be like having all chiefs and no Indians.

COMING SOON!



The ABC's of My Church..... Andrew's First Holy Confession

and

The ABC's of My Church..... Anne Receives Holy Communion

\$5.00 Price of each book is \$5.00

These beautifully illustrated and colorful educational books for children ages 4 – 8 have been reprinted and will be available in mid April 2003. The story in each book will capture a child's interest while the pictures will enhance understanding. These little treasures will make the learning process of these two Sacraments an enjoyable experience for the child and adult who is teaching or reading. To make it extra special, there is a This Booklet Belongs To _____ personalization page in each book. In addition to being nice gifts, these books can also be a good fundraiser for any parish organization. Place your order today!

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56th Annual U.O.L. Convention



July 23 - 27, 2003

We welcome you
to visit us in
Chicago!

*Hosted by the
Sr & Jr UOL Chapters at
Sts Peter & Paul
Ukrainian Orthodox Church
in Palos Park, IL*

UOL BULLETIN DEADLINE

*The deadline for each edition is the 5th of the prior month:
September, October, November, January/February,
March, April, and June.*

Change of Address?

Please help the Coordinator of Bulk Mailing by submitting a correction if your address changes. However, please send your new address but also indicate what your old zip code was.

FINE DINING AT 56TH UOL CONVENTION

Palos Park, Il. - What do broccoli, olives, onions, pepperoni, green peppers, chicken, pineapple, spinach, and shrimp all have in common? They are just some of the toppings you can order on your Chicago-style



Deep Dish Pizza that was invented in Chicago at Pizzeria Uno in 1943.

Whether you want thin crust, thick crust, pan, deep dish or stuffed, Chicago and Oak Brook can satisfy and tantalize your taste buds. Downtown Chicago has Pizzeria Uno, Pizzeria Due, Lou Malnati's, Giordano's and many more - all boasting to be the best deep dish pizzas around. However, they won't deliver to Oak Brook!

In Oak Brook, there are many great pizza places. Walk across

the street to Oak Brook mall, and you will find California Pizza Kitchen. Down the block is Giordano's, and the list goes on. In fact, there are 98 places to get pizza less than 5 miles from the hotel

If you want the opportunity to taste the best pizza in the USA, attend the 56th U.O.L. Convention in Oak Brook hosted by Sts Peter and Paul Ukrainian Orthodox Church in Palos Park, Illinois. Bon Apetite, Pizza Style.

56th ANNUAL U.O.L. CONVENTION

July 23-27, 2003 - Palos Park, IL



UOL TRIBUTES

A donation to the Tribute Fund is an acknowledgment of a Milestone, Memorial, Accomplishment, or is a Special Recognition of an individual or group.

Your much appreciated contribution is used to support and further the Mission of the Ukrainian Orthodox League.

All donations are published in the UOL BULLETIN.

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Participants of the UOL's
Lenten Retreat

Parma and Lakewood
Participants of the UOL's
Lenten Retreat

Sts. Peter & Paul Sr. UOL
Youngstown, Ohio

OCCASION

In Honor of Al Shinn, DJ Extraordinaire, for bringing music, joy and laughter to the Philly Sr. UOL Chapter.

In Blessed and Loving Memory of Irene Doloszycki. MEMORY ETERNAL!

In Blessed Memory of Alexandra P. Shapoval on the occasion of her 40th Day Memorial.

In Honor of Father John, St. Vladimir's Board of Trustees and the Jr. UOL Chapter, with sincere appreciation for your financial assistance which enabled us to attend the Retreat.

In Honor of the UOL's National Executive Board for sponsoring the Lenten Retreat AND In Honor of Natalie Kapeluck who organized Such a wonderful retreat!

In Memory of our centenarian member, Mary Opalka (1902-2003). MEMORY ETERNAL!

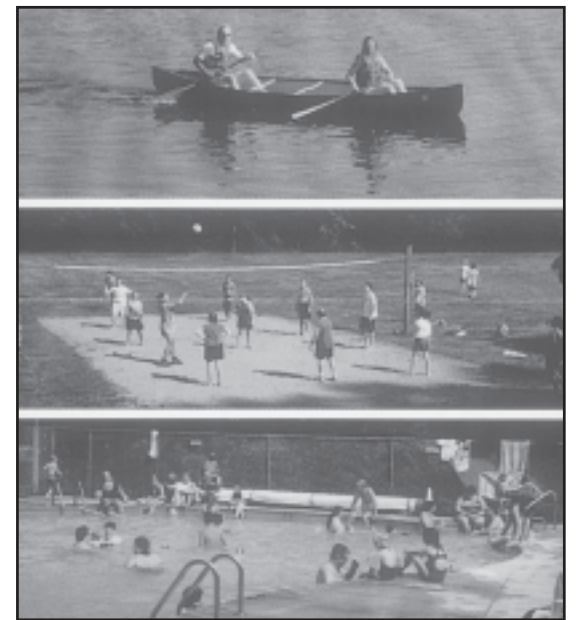
ALL SAINTS CAMP 25TH Anniversary - June 22, 2003

HELP WITH PLANNING, SPRUCE-UP, AND ON THE 25TH

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