UOL Lenten Retreat (NE/OH-Western PA)
April 13, 2013
“The Journey Through Great Lent: Prayer, Fasting and Almsgiving”
Submitted by Diane Senedak

Through God’s grace and by His will, 49 participants, which included 8 clergy, our guest speaker, Junior and Senior UOL Members and non-members (and one toddler and a baby!) traveled from 10 parishes and as far away as Michigan. We thank you! “The Journey through Great Lent: Prayer, Fasting and Almsgiving” theme based retreat was held on April 13th, 2013, once again at the majestic Villa Maria Retreat Center. We thank our Spiritual Advisor, V. Rev. John Harvey, Sts. Peter & Paul UOC, Youngstown, Ohio and the clergy present, who conducted the beautiful morning and Vesper services and offered counsel and direction in hearing participant confessions, and V. Rev. John Nakonachny, St. Vladimir’s Cathedral, Parma, Ohio, who conducted the beautiful voices of the choir.

We thank our inspirational guest speaker, Dr. Gayle Woloschak, who encouraged all of us to follow the Lord’s example in our daily lives, preparing (Continued on page 4)

St. Thomas Pilgrimage 2013
On May 11th and 12th UOL members joined Ukrainian Orthodox faithful for the St. Thomas Pilgrimage in South Bound Brook, New Jersey. For the last eight years UOL members have volunteered helping with parking duties for both days.

The responsibilities included selling commemorative ribbons and collecting parking fees. The proceeds made from the sale of commemorative ribbons were designated by the National Executive Board to benefit the Seminary. Parking fees are allocated for the Consistory and for the expenses of the weekend, including bus transportation and set-up for the thousands of people who come to South Bound Brook to have Panakhidas to honor loved ones of blessed memory. This year many chapters were represented in the parking duties including: Maplewood, Coatesville, Allentown, South Bound Brook and Philadelphia.

As part of the Pilgrimage the Cultural Center was a place to see old friends and to see a variety of cultural and religious items that were for sale. There were multiple vendors in the Cultural Center and they had cultural items made in Ukraine, religious items like icons and books, as well as jewelry, music and pysank. The lobby and the Cultural Center also had displays from organizations of the church and included a UOL table. The UOL table had poster boards with pictures from the last three UOL Conventions.

The National Executive Board planned a special fundraising event for the Saturday of St. Thomas Weekend. At three o’clock, after parking duty was completed UOL members and friends gathered at the Seminary for a Barbecue. Over 40 people enjoyed a delicious barbecue with hamburgers, hot dogs, and salads. His Eminence Metropolitan Antony and His Grace Bishop Daniel, along with all of the seminarians, enjoyed the barbecue. The seminarians manned the grill and prepared a delicious feast. In addition to the wonderful time enjoyed by all, we were able to raise $250 for the Seminary. Thank you to His Grace Bishop Daniel and the Seminarians for their hospitality!

You are cordially invited to... 

The 66th Annual U.O.L. Convention
St. Vladimir’s Cathedral
Parma, Ohio
July 24-28, 2013
“O Lord, how manifold are Your works, in wisdom You have made them all.” ~ Psalm 103

www.positivelycleveland.com/uol   www.stvladimirs.org
It is traditional that during this period, out of respect for the deceased, which ends in a special memorial Panachyda being served. In the Orthodox church, we have a forty day period in which the deceased is fashioned and extreme. Is it not proper for Orthodox Christian people to our local community such a stance was considered weird. They would say, were avoiding social activities and entertainments. I was surprised that in dance. As a family, we cited that this was a mourning period for us, so that we celebration, a progressive dinner in our local club and a high school reunion ensuing days and weeks thereafter, my family and I dropped out of a wedding After my mom passed away, there were a number of social activities that had come to the church. corona is serious business, so every attempt must be made to see that for another marriage. The one who entered into the sacrament in a spirit of the blessedness of marriage will often lead to divorce. The aggrieved party, to whoever makes a solemn promise before the Lord, yet in reality is telling a prevaricate about their action. Both dropped dead and this was a strong warning church. They reneged on their promise (before God) and then happened to They solemnly promised to give the full proceeds of a property sale to the church. Remember the story of Ananias and Sapphira in the Acts of the Apostles. What is there to say about those approaching marriage, who would be willing that approach, as in a civil registry, but questions are made and instructions will be rewarded in heaven. What I am saying is that the wedding service is to officiate as the knot is tied. The Orthodox wedding is a matrimonial to be sure the couple are truly serious about their commitment. Let us remember that the Orthodox wedding is not so much as hiring a priest to officiate as the knot is tied. The Orthodox wedding is a matrimonial coronation and by stepping forward in the solemn sanctity of the church, the couple acknowledges that their crowning presupposes a commitment which will be rewarded in heaven. What I am saying is that the wedding service is just not uniting the couple in a physical union for their lifetime, but has serious spiritual implications for eternity. One does not just automatically marry all that approach, as in a civil registry, but questions are made and instructions given about serious commitment and mutual life in Christ. What is there to say about those approaching marriage, who would be willing to lie about the guys or gals they are still engaged with while even engaged. Remember the story of Ananias and Sapphira in the Acts of the Apostles. They solemnly promised to give the full proceeds of a property sale to the church. They reneged on their promise (before God) and then happened to prevaricate about their action. Both dropped dead and this was a strong warning to whoever makes a solemn promise before the Lord, yet in reality is telling a falsehood. In the case of marriage, such prevarication makes the marriage bed defiled from the start, as dishonesty proves a divided heart. A mockery of the blessedness of marriage will often lead to divorce. The aggrieved party, who was honest and upfront from the start, would certainly be given the blessing for another marriage. The one who entered into the sacrament in a spirit of death should not be permitted a further church marriage. Matrimonial coronation is serious business, so every attempt must be made to see that both partners are of one mind and are equally committed before they even come to the church. After my mom passed away, there were a number of social activities that had been planned for awhile for which we had been previously committed. In the ensuing days and weeks thereafter, my family and I dropped out of a wedding celebration, a progressive dinner in our local club and a high school reunion dance. As a family, we cited that this was a mourning period for us, so that we were avoiding social activities and entertainments. I was surprised that in our local community such a stance was considered weird. They would say, your mom is gone, but she would have wanted that your life would go on and to be happy. They would essentially say that mourning periods are old-fashioned extremem. Is it not proper for Orthodox Christian people to avoid unnecessary dinner, dances and entertainment out of respect for a loved one they are mourning? In the Orthodox church, we have a forty day period in which the deceased is especially mourned, which ends in a special memorial Panachyda being served. It is traditional that during this period, out of respect for the deceased, that we decline to attend parties, dances and entertainments. There is no hard and fast (continued on page 3)
The 66th Annual UOL Convention Is Here!

By Melanie Nakonachny, Convention Chairwoman

The summer is upon us and it is finally time for the 66th Annual Ukrainian Orthodox League Convention. The Junior and Senior UOL chapters of St. Vladimir’s Cathedral in Parma, Ohio are eagerly awaiting your arrival!

From the daily prayer services, business sessions, trip to the Cleveland Aquarium, dinner at Windows on the River, Night in Kiev Dinner Dance, Banquet and Ball and Farewell Brunch, participants will have fun and be engaged. Now is the time to finalize your travel plans, confirm your registration and get packing! We can’t wait to see you in our Ukrainian Village of Parma!

We’ll be seeing you very soon at the 66th Annual UOL Convention July 24-28, 2013 in Parma, Ohio! Still need convention information? It’s not too late to attend all or part of the convention.

General Convention Information:
Convention Chairwoman Melanie Nakonachny MelanieNak@aol.com or 440.842.3820

Convention Registration or Individual Tickets:
Registration Chairwoman Pani Matka Mary Anne Nakonachny Nackos3201@gmail.com or 440.842.3820


Hotel Reservations:
Embassy Suites Cleveland – Rockside 5800 Rockside Woods Blvd. Independence, OH 44131 216.986.9900 or 1.800.Embassy $125.00 Nightly Rate Includes Full Cooked Breakfast & Manager’s Reception

Ask for the UOL Group Rate

The 66th Annual U.O.L. Convention St. Vladimir Cathedral, Parma, Ohio
July 24 – 28, 2013

“God, how merciful are Your works, in wisdom Thou hast made them all.” (Psalm 102)

Registration Form

Name
E-mail
Address
Phone Number
Chapter/City

Packet Prices
Regular Registration Discount
(Paid in full before June 15, 2013)

Clergy $95.00
Seniors $165.00
Guests $185.00
Guests $185.00

Pre-Juniors $100.00

Registration Prices: (Received after June 15, 2013)

Clergy $120.00
Seniors $195.00
Guests $210.00
Guests $210.00

Juniors $350.00
Pre-Juniors $120.00

Please send your registration & (non-refundable) check, payable to: 66th Annual U.O.L. Convention

Mail Completed Form With Payment To: 66th Annual U.O.L. Convention Registration Committee 3201 Marion Road Parma, OH 44134

For Individual Tickets or Questions Contact nakonachny2.daray@gmail.com or 440.885.1009

Hotel Reservations Embassy Suites 5800 Rockside Wood Blvd. Independence, OH 44131 216.986.9900

The lack of rooms for the convention is reserved under ‘Ukrainian Orthodox League’ Group Rate of $125.00 Complimentary breakfast and management’s reception included daily

http://www.uol.org www.paromacatholiccenter.com

NEWS FROM THE JUNIOR UOL PRESIDENT
Elizabeth Hershey

Glory to Jesus Christ!

Convention is almost here! I am very excited to see everyone in Ohio this summer!

The Junior National Executive Board had their spring meeting on May 27th in Coatesville, PA. If your chapter has not turned in your Chapter Progress Report or Chapter Project Donation, please do so as soon as possible! These are needed for your chapter to be eligible for this year’s convention! These forms should have been emailed to all chapter presidents and advisors.

Everyone should have their raffle tickets by now so sell, sell, sell! This is our biggest fundraiser and we greatly appreciate all of your hard work. If, for some reason, your chapter has not received tickets, or if you need more, PLEASE contact either me or our treasurer Christina Perdziola. Again, thank you all so much for your participation. Return your ticket stubs and a check for the sold tickets to Christina by mail or at the convention.

I would like to thank the entire board for all of the hard work they have done this year. Also, thank you Tabitha and Father Anthony, our advisors, for all of the time you put into the Junior UOL. We could not have done it without you!

I look forward to seeing everyone in Parma this summer!

Yours in Christ,
Elizabeth Hershey

rule, but this is a generally accepted practice. In one Orthodox land, Greece, one often finds a bereaved family, especially female members, wearing black for the space of a year. That is sort of a maudlin and extreme practice, but a period of mourning is quite a natural thing. There wouldn't be so many grief counselors or grief counseling programs if any showing of grief was inherently unnatural. Modern practice often betrays a denial of the reality of death. Hmm, out of sight, out of mind and life must go on. That approach to life is unrealistic, while our short period of time out from the hustle-bustle of life and its enjoyments gives a period for readjustment to our loss. We do not mourn as if death was the total end, for we believe that those who live and die in Christ, will live with Him forever. Don’t worry what the world around us says, our approach is realistic and healthy.
National Executive Board Meeting

The National Executive Board spent the last day of Great Lent and Lazarus Saturday in Parma, Ohio. Senior National Executive Board Members traveled to Parma to review accomplishments and prepare for the 66th Annual UOL Convention. On Saturday the National Executive Board gathered in the Cathedral for Divine Liturgy. It is always wonderful for the Board to have the opportunity to start the Board Meeting with Divine Liturgy. His Grace Bishop Daniel celebrated Divine Liturgy and inspired board members and the faithful to dedicate their lives to Our Lord.

Following Divine Liturgy the National Executive Board enjoyed a delicious brunch and began the meeting. President Martha Misko encouraged each board member to review the accomplishments of the year while reviewing recommendations from last year’s Convention Body.

There was discussion about each commission report and plans for the upcoming UOL Convention. In Christian Care Giving and Missions there was discussion about the donations to each of the Mission projects. It was suggested that at the Convention there be discussion about how UOL chapters can do service projects within their home communities. Within the Education Commission there was a review of the recent UOL retreats. Both retreats were a great success. There was also discussion about upcoming Young Adult activities including the Memorial Day weekend retreat.

Pam Scannell discussed the plans for the UOL video and arrangements that have been made to create a UOL video. Filming will occur at the UOL Convention.

As delegate to the Camp Committee, Chris Mills discussed the upcoming anniversary celebration at All Saints Camp. Everyone is encouraged to come to All Saints Camp to celebrate the 35th Anniversary of the Camp, and 5th Anniversary of St. Thomas Chapel, on June 29, 2013.

The highlight of the meeting was a review of plans for the UOL Convention. The UOL Convention will be held in Parma on July 24-28, 2013. We hope to see you there.

Following the meeting the Board enjoyed a delicious pasta supper and celebrated Vespers. The evening was spent at the rectory with board members having a chance to spend time with our UOL family.

The next morning National Executive Board Members participated in Palm Sunday Divine Liturgy in Parma. Following Divine Liturgy the UOL Convention Committee sponsored a lovely fish luncheon where all proceeds benefit Convention fundraising.

The weekend was a huge success! The National Executive Board thanks Fr. and Pani Matka Nakonachny, Fr. and Pani Matka HontiarLIK, Convention Chairperson Melanie Nakonachny and all chapter members for their warm hospitality.

Update from Public Relations Chairperson - Joshua Orhyon
It is incredibly easy to share your parish’s events and news items with a wide audience! By simply emailing UOL grp@gmail.com and attaching a PDF of a flyer or informational blurb, you will be advertising your parish’s special events, fundraisers and other news items to a vast network of Orthodox faithful.

Your parish’s event will be posted on the UOL website, online Interactive Calendar, social media outlets, shared via the UOL Email List and published in the UOL Bulletin. As your special event approaches, periodic reminders will be sent as well! After your event occurs, send along a recap with photos which will then be posted online and in the UOL Bulletin. Please contact us with any questions and to start advertising today!

us to continue our Lenten journey. The group enjoyed her workshops about how we can apply the Orthodox teachings to our daily lives.

Our first workshop was: “Pilgrimage Through Prayer.” Dr. Gayle states, “Participating in the liturgical prayer of the Church is about joining oneself fully with all the members of the Body of Christ with a purpose of praise, thanksgiving and petition.” She goes on to say that silence in prayer is a choice, choosing the things we want to do. Silence is God-awareness, quieting our inner and outer lives and listening to God speak. In addition, using the Jesus Prayer is often used as a means to achieve inner silence, substituting one thought for another. This prayer helps us to stand in God’s presence, elevating the mind and heart to God. The Jesus Prayer: Prayer of the Heart— “Lord Jesus Christ, Son of God, have mercy on me a sinner.”

And from St. John Chrysostom, “The scriptures were not given to us that we might have them in books, but that we might engrave them in our hearts.”

Our second topic was: The “Spirit” of Fasting: Essential Element of Christian Life— The Christian Goal: Purification, Liberation, Strengthening and Enlightening. The session encompassed the origins of fasting, the four major fasting periods, fasting before the Eucharist, types of fasting, components of fasting, and the benefits of fasting. Dr. Gayle’s workshop taught us that the main purpose of fasting is to gain mastery over oneself and to conquer the passions of the body, to liberate oneself from dependence on the things of the world and thereby focus on the things of the Kingdom of God. She continues: “The Fathers saw two reasons to fast: They interpreted the Scriptures on fasting as a means for spiritual achievements and they witnessed from their own experience of fasting, that they achieved closeness to God.”

Christ’s command for us to Fast… “And when ye fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men, but by your Father Who is in secret. And your Father Who sees in secret will reward you.” (Matt. 6:16-18)

Next, Dr. Gayle shared with us some of those oh, so amusing, church sign phrases that we’ve all seen around town. One of them read… Prayer—Wireless Access to God With No Roaming Fees! This and other quips were a bit of light-hearted humor between the sessions!

Then, our third workshop was: Almsgiving: The Act of Being Merciful-Will our Neighbor see Christ in us? Dr. Gayle says, “Almsgiving is about caring for others, use “Acts of Mercy” as Action in Ministry.” Her topics for Ministries of Almsgiving were: Family life, Visiting shut-ins and the afflicted, Helping the homeless, Being peacemakers and reconcilers, Displaying hospitality, Caring and sharing.

Ministries of Crisis Support and Being kind to the Earth. The session helped us to realize: Almsgiving…it’s a good thing!

Our fourth and final workshop was titled: Our Lenten Journey; Pulling It All Together. Where Dr. Gayle talks about discernment, joy and metanoia. She says that St. John of Damascus called discernment “the crown of all virtues.” We can strive to have a closer personal relationship to God and others. She says, “At times we may not understand something that is not immediately obvious.” The process of becoming more like God is “theosis” or achieving closeness to God. “The Fathers saw two reasons to fast: They interpreted the Scriptures on fasting as a means for spiritual achievements and they witnessed from their own experience of fasting, that they achieved closeness to God.”

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(Continued on page 6)
At the 65th Annual UOL Convention it was recommended that the National Executive Board review the Constitution to determine if membership could be expanded to include individuals who are not members of the UOC of USA.

The following Constitution Changes will be reviewed at the 66th Annual UOL Convention:

1) Change to Article II PURPOSES

The League is a national volunteer organization of members and supporters of the Ukrainian Orthodox Church of the United States of America, hereinafter referred to as the Church, who are committed to:

Proposed change: The League is a national volunteer organization of members and supporters of the Ukrainian Orthodox Church of the United States of America, hereinafter referred to as the Church, who are committed to:

2) Change to Article II MEMBERSHIP

Section 2. Qualifications and Requirements

c. Member-at-Large

Only an individual who is a member of the Church*, not residing within the geographical area of a local UOL chapter and is at least ten (10) years old for junior and 18 years old for senior membership, is eligible to apply for member-at-large status. The individual must agree to be governed by the League’s Constitution and Policies, participate in those League projects deemed appropriate by the Executive Board, support all efforts toward the achievement of the League’s purposes and goals and fulfill all financial obligations as stipulated in Article III, Section 5 a.

(*in the Constitution Church is defined as UOC of USA)

Proposed Change (in bold):

Only an individual who is a member of an Orthodox Church, not residing within the geographical area of a local UOL chapter and is at least ten (10) years old for junior and 18 years old for senior membership, is eligible to apply for member-at-large status. The individual must agree to be governed by the League’s Constitution and Policies, participate in those League projects deemed appropriate by the Executive Board, support all efforts toward the achievement of the League’s purposes and goals and fulfill all financial obligations as stipulated in Article III, Section 5 a.

Section 4. Admission to Local Chapter

a. Senior

Any member of the Church and a local Parish who is eighteen (18) years of age or older may become a member in that parish’s senior League chapter.

b. Junior

Any member of the Church and a local parish who is between the local chapter’s minimum age limit and eighteen (18) years of age, may become a member of that parish’s junior League chapter.

Proposed Change (in bold):

a. Senior

Any member of the Church and a local Parish who is eighteen (18) years of age or older may become a member in that parish’s senior League chapter. Additionally, a member of a local Orthodox parish may join a UOL chapter with approval of the Spiritual Advisor.

b. Junior

Any member of the Church and a local parish who is between the local chapter’s minimum age limit and eighteen (18) years of age, may become a member of that parish’s junior League chapter. Additionally, a member of a local Orthodox parish may join a UOL chapter with approval of the Spiritual Advisor.

(Continued on page 6)
Thank you! Thank you! Thank you!

Thank you to everyone who has contributed to the Annual Fund Drive which includes UOL Projects, the Lynn Sawchuk -Sharon Kuzbyt Scholarship Fund and the Metropolitan John Scholarship Fund!

Total contributions are: $5755.00
UOL Projects - $1830.00
LSSK - $2425.00
MJSF - $1500.00

UOL Projects- total contribution $1830.00
Myron Shlatz - In Memory of Myron Shlatz Sr.
Joseph Romanosky- In Memory of Mary Z Romanosky
Eric & Kira Senedak
Joseph Romanosky - In Memory of my brother John Lesky
SR UOL St. Demetrius Carteret, NJ - In Honor of all UOL members
St. Michaels UOC Baltimore, MD
Bettyann and Janet Woyewoda
Kristi & Alfred Gorick - In Honor of Catherine Dobransky’s 90th Birthday
Mnohaya Lit! SR UOL Sts. Peter & Paul Youngstown, OH - In Memory of deceased chapter members
Irene Pashesnik
Daria & Michael Komichak
Marilyn Druash
Paul & Marlene Haluszczak
John Roditski
Michael & Martha X. Misko
Larissa Kocelko
Myron Boyko
Barbara Duga
SR UOL Parma, OH
Tom Planiczki
Peter and Karen Konchak
Dennis and Alexandra Ritter
David Zaika
Irene Pashesnik
Joseph Romanosky - In Honor of Albert Romanosky
Janice Meschisen
Steve & Alice Sivulich
Myron Shlatz - In Memory of Anna Shlatz
John Ewansih
Philadelphia, PA SR UOL
Sonya Patronik - In Memory of Michael Lahuta
Michael & Dareen Jogan
Jane Yavarow

LSSK - total contribution $2425.00
Myron Shlatz - In Memory of Myron Shlatz Sr.
Eric & Kira Senedak
Olga Sawchuk - In Memory of Lynne Sawchuk
Rose Boykas - In Memory of Sharon Kuzbyt
Joseph Romanosky- In Memory of Anna Lebid
Catherine Shaffer - In Memory of my husband George Shaffer
SR UOL Carteret, NJ - In Honor of all UOL members
Bettyann and Janet Woyewoda
SR UOL Sts. Peter & Paul Youngstown, OH - In Memory of deceased chapter members
Irene Pashesnik
Daria & Michael Komichak
Marilyn Druash
Paul & Marlene Haluszczak
John Roditski
Michael & Martha X. Misko
Stephen and Melanie Unger - In Memory of Anna and Michael Smatlen
SR UOL Parma, OH
Peter and Karen Konchak - In Memory of Lynn Sawchuk
David Zaika
Irene Pashesnik
Joseph Romanosky - In Memory of David Romanosky
Janice Meschisen
Steve & Alice Sivulich
Myron Shlatz - In Memory of Anna Shlatz
SR UOL Philadelphia, PA
Thomas & Alla Gryzynski - In Memory of Mych & Gryzynski Families

MJSF - total contribution $1500.00
Myron Shlatz - In Memory of Myron Shlatz Sr.
Joseph Romanosky- In Memory of Helen Euler
SR UOL Carteret, NJ - In Honor of all UOL members
Bettyann and Janet Woyewoda
SR UOL Sts. Peter & Paul Youngstown, OH - In Memory of deceased chapter members
Irene Pashesnik
Daria & Michael Komichak
Marilyn Druash
Paul & Marlene Haluszczak
Charissa Sheptak & David Martin
St. Mary’s Sisterhood of St. John the Baptist UOC Johnson City, NY
Anna Woznak
John Roditski
Michael & Martha X. Misko
Peter and Karen Konchak - In Memory of Fr. Frank Estocin
Dennis and Alexandra Ritter
David Zaika
Irene Pashesnik
Joseph Romanosky - In Honor of John Romanosky
Janice Meschisen
Anna Woznak
Steve & Alice Sivulich
Myron Shlatz- In Memory of Anna Shlatz
SR UOL Philadelphia, PA
Sonya Patronik - In Memory of Michael Lahuta
Michael & Dareen Jogan

Thank you! Thank you! Thank you!

(Constitution Change - Continued from page 5)

3) Change to Article XI- MEETINGS OF THE LEAGUE

Section 3. Delegates and Guests
Each member of the executive board and all members of the clergy roster of the church shall be delegates. A chapter in good standing may send an unlimited number of its members who are in good standing to the annual convention as delegates. A member-at-large may be a delegate. A member of a chapter that is not in good standing, and any member of the Ukrainian Orthodox Church of the USA may attend as a guest.

Proposed Change (in bold):
Each member of the executive board and all members of the clergy roster of the church shall be delegates. A chapter in good standing may send an unlimited number of its members who are in good standing to the annual convention as delegates. A member-at-large who is a member of the UOC of USA may be a delegate. A member of a chapter that is not in good standing, and any member of the Ukrainian Orthodox Church of the USA may attend as a guest.
A chapter member or member-at-large who is not a member of the UOC of the USA may only attend as a guest.

Please review this proposed Constitution change and be prepared to discuss it at the Convention.

(UOL Retreat - Continued from page 4)

hearts and gaining communion with God and others. Metanoia, often translated as repentance, is “to think differently after” and changing one’s life because of some new perception or realization. Pulling all of this information together helps us to form a closer relationship to God and others, not only during the Lenten period but also, throughout the year. Our Lenten Retreat experience was truly a time to come together as Orthodox Christians, learning about our faith and preparing for the Resurrection of our Lord and Savior Jesus Christ.

We are hopeful that next year will bring a retreat filled with the same boundless spiritual message and gratifying uplifting feeling shared by all during the 2013 Lenten Retreat!

To view more about Dr. Woloschak’s Lenten Retreat workshop “Journey Through Great Lent” go to janus.northwestern.edu/wololab and click on lectures at top right.
Welcome St. Sophia Seminary Senior UOL Chapter

At our recent National Executive Board meeting in Parma, Ohio we accepted the petition for membership from the St. Sophia Seminary in South Bound Brook, NJ. We were excited to see they have 10 members and hopefully will be growing their membership as they ask others to join that reside in the area. The board members are as follows:

- President – Subdeacon Adrian Mazur
- Vice president – Deacon Philip Harendza
- Treasurer – Subdeacon Ivan Chopko and assistant Fr. Vasyl Dovgan
- Secretary – Subdeacon Ioan Mazur and assistant Subdeacon Yuriy Andreiko

We look forward to congratulating them all in person at the 66th UOL Convention in Parma, Ohio. May God grant you many years of upholding the UOL motto of “Dedicated to Our Church and Devoted to Its Youth.”

St. Vladimir’s Senior UOL - Philadelphia, PA

St. Vladimir’s Senior UOL Chapter has had a very busy Lenten season. Throughout Great Lent we collected items for Emergency Baby Kits for the IOCC. The kits are specifically used to help babies who are refugees from Syria. The entire parish supported the project and in the month of May we will be preparing the packages to be shipped.

Chapter members also went to see the Philadelphia Orchestra perform Bach’s St. Matthew’s Passion. The performance was at the Kimmel Center and it was the first time that the orchestra had performed St. Matthew’s Passion in over 30 years. The concert was amazing, with the standing ovation lasting over twenty minutes.

On the fifth week of Great Lent we were blessed by His Eminence Metropolitan Antony, who celebrated Divine Liturgy. That Sunday the UOL sponsored a UOL Talent Pledge where we asked all parishioners to make a pledge to the parish. That is, they were asked to bring a food item for the luncheon that day, to prepare an item that could be auctioned or to pledge to do something for the parish. Over 50 pledges were made which resulted in a delicious Lenten luncheon. We had all pledges acknowledged with cards that indicated who made the donation. We also had a wonderful table with items for the silent auction including a beautiful hand-made quilted bag, jewelry, and pysanky. Others baked delicious cakes that were also part of the silent auction. Others pledged to plant flowers around the cathedral for Pascha. Children of the parish also made a pledge and children recited poems and played the piano for the group. It was a lovely event and our Talent Pledge raised over six hundred dollars for the parish.

Our chapter also baked cookies and decorated them to look like pysanky. The cookies were distributed to all parishioners as they left the church on Pascha. The pysanka cookie had a tag that greeted everyone for Pascha and encouraged everyone to come to Liturgy every Sunday.

We look forward to seeing everyone at the UOL Convention in Parma.

Coatesville UOL plans Beef and Beer

Submitted by Jeanne Ruczhak-Eckman

It’s not déjà vu! The UOL at Holy Ghost in Coatesville held a Beef and Beer dinner in March and it was so successful, we were asked to do it again! On March 9th, the Coatesville chapter held a well attended Beef and Beer fundraiser at the Thornsdale Fire Hall. The all you can eat buffet style dinner benefited UOL charities and the establishment of the 2016 Convention Fund. Parishioners, friends and family, and community members at large enjoyed an evening of fellowship. Several items were raffled off including: Omaha Steaks, a wine basket, kitchen appliances, an AVON filled basket and a 50" flat screen LCD television!

Déjà vu! We’re doing it again on Saturday, the 12th of October. It will again be held at the Thornsdale Fire Hall. Dinner will again be all you can eat and there will be a cash bar. Seating is limited. To reserve your tickets, call 484-678-3673 or 484-678-3675.

The Holy Ghost UOL Chapter also encourages our parish youth to learn more of their heritage, including our culinary heritage. On Saturday, April 27th, several parish children joined the UOL members to bake paskas. Paskas were made for each child there as well as our parish shut-ins. Junior UOL members who participated were: Jaclyn Domsohn, Anna Eckman and Jagger Houck. Senior UOL members in attendance were Carol Bentley, David Bentley, Lauren Bentley, Bryan Domsohn, Helen Domsohn, Mary Eckman, Jayme Houck, Tabitha Houck and Jeanne Ruczhak-Eckman.

The Junior UOL members join the Senior UOL members making paskas for our parish youth and our shut-ins. From left to right: Mary Eckman, Anna Eckman, Jaclyn Domhnon and Carol Bentley. Photo by Jeanne Ruczhak-Eckman.

Photo #2: Paskas. Photo by Jeanne Ruczhak-Eckman.
A donation to the Tribute Fund is an acknowledgment of a Milestone, Memorial, or Accomplishment, or is a Special Recognition of an individual or group. Your much-appreciated contribution is used to support and further the Mission of the Ukrainian Orthodox League. All donations are published in the UOL Bulletin.

Donor: Anonymous  Occasion/Tribute: In loving memory of His Beatitude Metropolitan Constantine. You are truly loved and missed!

Donor: Pam Scannell  Occasion/Tribute: In honor of His Grace Bishop Daniel, to thank him for his spiritual guidance to the UOL National Executive Board.

Donor: Oleh and Natalie Bilinsky  Occasion/Tribute: In honor of Mr. and Mrs. Sufier. Thank you Mom and Dad for supporting all of our UOL Projects!

Donor: Martha Misko  Occasion/Tribute: In appreciation of the Junior and Senior UOL Members who volunteered to monitor the parking lots at the Diocesan Center during St. Thomas Sunday Pilgrimage Weekend. Thank you for your help!

Have you been wanting to honor or thank someone special? The tribute fund is the ideal way to honor someone or commemorate a special event! It is very easy to submit a Tribute. Don’t put it off -- send your tribute today!!

To submit your Tribute:
Submit a card that includes your Name and Address, the Name of the Person to Receive the Tribute, the occasion of the Tribute (for example In Memory or To Honor), and the Name and Address of the person to whom an acknowledgement card should be sent.

For a contribution of $20 or more, the name and occasion is printed in the UOL Bulletin. UOL Tributes should be submitted to: Natalie Bilynsky 703 Pine Ridge Road Media, PA 19063. Please make check payable to Ukrainian Orthodox League.

ATTENTION BULLETIN READERS:
We haven’t moved but our post office has -- when submitting items for the UOL Bulletin - please note change in address:
Natalie Bilynsky 703 Pine Ridge Road MEDIA, PA 19063

86th St. John’s “Ukrainian Days” Festival Weekend
Saturday, July 20, 2013 1pm - 8pm
Sunday, July 21, 2013 11am - 6pm

Ukrainian food and pastries - Holubtsi, pirohi, kolbas, kolachky, nut rolls.
Live entertainment, dancing, gift shop, pysanky(egg) demonstrations and church tours
Large tent, grilled foods and children’s games.
St. John’s Ukrainian Choir and Folk dancers
Saturday July 20, 2013 3 PM, free concert

Sponsored by:
St. John’s Ukrainian Orthodox Church
1 St. John’s Parkway (off Harry L Drive)
Johnson City, NY 13790

for more information visit www.stjohnuoc.com

2013 Cultural Contest

• Participation is open to ALL UOL members, juniors and seniors.
• Entries will be displayed and voted on at the 66th Annual UOL Convention in Parma, Ohio.
• Any homemade item that involves Ukrainian heritage and culture is permitted

For more information, contact:
Sarah Hershley, Financial Secretary
Cultural Committee Chair
trackstar5.47@gmail.com