On April 20, 2013, UOL members and friends of the UOL gathered in Mt. Pocono to reflect on the text “The Way of a Pilgrim and the Pilgrim Continues His Way.” For ten years the UOL has been coordinating retreats along the east coast, typically in the Lehigh Valley. This year the retreat moved a little north to the Villa of Our Lady Retreat House in Mt. Pocono, PA. It is a joy that the number of retreat participants has been growing and this year we were overjoyed that the retreat had 63 participants. We were also thrilled that for 16 of them this was the first UOL retreat they had attended, and are hopeful that they will join us in our next decade of planning retreats.

The morning started early with the Akathist to the Theotokos served by Fr. Bazyl Zawierucha. Retreat participants enjoyed a quick breakfast and then the retreat speakers started for the day. Quite unusual for the retreat, I was the first speaker of the day. While for the last 10 years Oleh and I have been the behind the scenes people and do much of the planning we typically do not speak. At the retreat, I shared my personal pilgrimage with the pilgrim, and how the pilgrim was able to maintain at all times a wonder about how great God is and a humility that helped him to understand how weak and flawed we are. These two principles helped him and also helped us to face all challenges. With the understanding of the greatness of God and our own inadequacy comes the yearning to get closer to God. I won’t bore you with the details, however, if you ask me about the book be prepared, I can talk about it for hours.

Next Fr. Bazyl spoke about the Jesus Prayer and prayer of the heart. In his review of the journey of the pilgrim he also focused on the importance of having a spiritual father as a guide. Fr. Bazyl also explained how praying the Jesus Prayer is not in any way similar to modern day meditation or yoga. As part of his talk he explained the teachings of the church fathers including St. John Climacus and St. Gregory Palamas.

The group had some time to interact and were challenged with our traditional retreat games. This year the Hucul sisters were victorious and were able to identify who of the holy fathers said various quotes. At the beginning of lunch candles that were lit from the church of the Holy Sepulchre were lit and the Holy Fire was passed to members of the retreat. Retreat participants then enjoyed a lovely lunch.

In the afternoon, His Eminence Metropolitan Antony spoke about theosis and how the pilgrim in his pilgrimage became more “godlike.” He eloquently spoke about the teachings of Gregory Palamas and how we are all called to journey to become more “godlike.” He encouraged everyone to use these last weeks of Lent to prepare for Pascha.

(continued on page 4)
I know of the Jesus Prayer, but I have also heard that there can be a negative side to its usage in certain circumstances. How could a prayer have a negative effect?

I find that simple repetition of the Jesus Prayer while driving is a calming and a quick way of praying in a busy world. “Lord Jesus Christ, Son Of God, have mercy on me a sinner” is the text of the prayer and can concentrate that moment to God without any extraneous interruptions. Prayed in such a manner, it is a blessing and no problem.

The monastic style of the prayer, united to breathing and encompassing most hours of the day, should only be entered into with the knowledge, blessing and direction of your spiritual father. There are instances where delusory thought can occur and an outsize view of one’s spiritual life may result in “prelest,” a spiritual delusion. Again, if one is set on approaching a deeper spiritual life, it is always indicated that advice be first sought from one’s spiritual father. Monks themselves do not enter into advanced ascetic practices without the advice and direction of an elder experienced monastic.

Such a caution about self-prescription on the spiritual plane has a corollary in regarding to fasting and abstinence. Just like a great pitfall can be had when people medically self-diagnose themselves and proceed on a track of self-medicating themselves. Physicians prescribe medicines and set the regimen for taking them, for example…2 pills in the morning upon arising to be taken as indicated above. As he had been preparing for Liturgy he took no pills and ended by endangering his very life. In future, he was directed to be taken as indicated above. As he had been preparing for Liturgy he took no pills and ended by endangering his very life. In future, he was directed to

The Annual UOL Awards information has been distributed to UOL chapter presidents and spiritual advisors. Besides nomination forms and information about the Protopresbyter Stephen Halich Senior Recognition Award, the Metro J. Baran Award, and the Distinguished National Service Award, there is included in the mailing a form for the Annual Senior Chapter Report.

It is a requirement that all chapters submit this Report so that the UOL is aware of each chapter’s successes and activities. The submitted Reports are printed in the UOL Annual Report that is distributed at the Annual Convention. The deadline for all award nomination forms including the Annual Chapter Report is April 13, 2013.

Join us in South Bound Brook, NJ, on St. Thomas Sunday weekend, May 11-12, 2013. Consider spending a couple of hours in assisting fellow UOL members, Senior and Junior, in collecting parking donations during the two day festival.

The UOL has designated St. Sophia Seminary to be the recipient of the proceeds of the memorial ribbons which are collected along with the parking fees. Last year proceeds from this event totaled over $2,000.00 and were forwarded to St. Sophia as an initial portion of our pledge to raise $10,000 in three years to support professional staffing and curriculum resources for students of St. Sophia Seminary. Then come join us on Saturday, May 11, at a get-together hosted by St. Sophia Seminary on the Seminary grounds!

The Senior and Junior UOL National Executive Boards will be holding their Spring Meetings on April 27, 2013, in Parma, OH, hosted by the UOL Chapters of St. Vladimir. Should you be in the area, please stop by!

It’s not too early to make your plans for attending the 66th Annual UOL Convention in Parma, OH, July 24-28, 2013. Information for Convention registration and a calendar of the events being planned are included in this BULLETIN.

Encourage other parish members to also attend to see how the UOL is “dedicated to our Church - devoted to our youth” and continuing to work toward our VISION FOR 2020!

And some wonderful news! The Seminarians of St. Sophia Seminary in South Bound Brook, NJ, are in the process of organizing a Senior UOL Chapter! We are most happy to have them as an official chapter and wish them success.

I remain yours in Christ,
Martha X. Misko
UOL President

ASK FR. HARVEY

Questions answered by Fr. John W. Harvey

I trust that your Lenten journey toward Holy Pascha has been peaceful and spiritually uplifting. I also pray that you enjoy a most blessed and joyous celebration of Christ’s Resurrection!

As we move toward the end of the 2012-2013 UOL year, mark your calendars with the following:

- The UOL is again sponsoring the Annual UOL Essay Contest. The contest is open to all members of the UOC of the USA.

- Information and topics for each age group has been distributed to all parishes and is also available on the UOL Website. Deadline for entries is April 30, 2013.

- The Annual UOL Awards information has been distributed to UOL chapter presidents and spiritual advisors. Besides nomination forms and information about the Protopresbyter Stephen Halich Senior Recognition Award, the Metro J. Baran Award, and the Distinguished National Service Award, there is included in the mailing a form for the Annual Senior Chapter Report.

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I remain yours in Christ,
Martha X. Misko
UOL President

(continued on page 6)
NEWS FROM THE JUNIOR UOL
PRESIDENT
Elizabeth Hershey

Glory to Jesus Christ!

We are right in the middle of the Lenten season and Pascha is nearly upon us!

Hopefully you are all in the middle of your Great Lent Giveaway projects! Chapters should be finishing them up and finalizing their donations at the end of Lent. This year’s project is supporting the Make-a-Wish Foundation in hopes of funding an entire wish for a child at the cost of $7,000. We really appreciate your support in this goal! Any questions can be directed to our corresponding secretary Kateryna Kocelko and donations can be sent to our financial secretary, Sarah Hershey. Thank you to everyone who has already helped out with this year’s project!

A reminder to everyone that raffle tickets are on sale! The drawing will be held at this year’s convention in Parma, Ohio. Every chapter should have received tickets by now. If you have not, or need more, contact our treasurer Christina Perdziola. We really appreciate your support with this fundraiser as it is our most successful.

I know that travel can be costly and that is why I want to remind everyone about the Pysh Travel Grant. Applications have been sent out to all the chapters. Please don’t hesitate to apply as this is a wonderful opportunity. Applications must be submitted by May 1st in order to be considered. If you have any questions please contact me at lizhershey94@gmail.com.

I hope that everyone has a blessed Pascha season and I look forward to seeing you all at this year’s convention! I hope that everyone can make it this year. It is a truly wonderful experience to share with fellow Christians and friends.

Yours in Christ,
Elizabeth Hershey

The 66th UOL Convention is Just Around the Corner
By Melanie Nakonachny, Convention Chairwoman

It’s hard to believe that summer is right around the corner. With the summer drawing near, so is the 66th Annual UOL Convention. The Junior and Senior UOL chapters of St. Vladimir’s Cathedral in Parma, Ohio are rolling out the welcome mat and are eagerly awaiting your arrival.

From the daily prayer services, business sessions, trip to the Cleveland Aquarium, dinner at Windows on the River, Night in Kiev Dinner Dance, Banquet and Ball and Farewell Brunch, participants will have fun and be engaged. Make your travel plans, send in your registration and get packing! We can’t wait to see you in our Ukrainian Village!

Have you made and finalized your plans to attend the 66th Annual UOL Convention July 24-28, 2013 in Parma, Ohio? It’s not too late!

Convention Registration:
Now’s the time to register!
Register By June 15, 2013 to Receive a Discount

Hotel Reservations:
Embassy Suites Cleveland – Rockside
5800 Rockside Woods Blvd.
Independence, OH 44131
216.986.9900 or 1.800.Embassy
$125.00 Nightly Rate
Includes Full Cooked Breakfast & Manager’s Reception
Ask for the UOL Group Rate

Yearbook Advertising:
Advertise in the Convention Yearbook
Submit your Advertisement by May 15, 2013
Ad Contract Can Be Found At

Any Additional Questions?
Contact 66th Annual UOL Convention Chairwoman
Melanie Nakonachny
MelanieNak@aol.com 440.842.3820

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The 66th Annual U.O.L. Convention
St. Vladimir Cathedral, Parma, Ohio
July 24-28, 2013

"O Lord, how manifold are Your works, in wisdom You have made them all."

Registration Form

Name __________________________
E-mail __________________________
Address _________________________
Phone Number ____________________
Chapter/City _____________________

Packet Prices
Early Registration Discount:
Registration Prices:
(Prior to registration deadline)
(Clergy $185.00)
Seniors $185.00
Guests $185.00
Juniors $185.00
Pre-Juniors $185.00

Please send your completed registration form with payment to:
66th Annual UOL Convention
P.O. Box 39
Parma, OH 44198

Mail Completed Form With Payment To:
66th Annual UOL Convention Registration Committee
5002 Rockside Woods Blvd.
Independence, OH 44131

For More Information Contact
Melanie Nakonachny
MelanieNak@aol.com 440.842.3820

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The block of rooms for the convention is reserved under “Ukrainian Orthodox League” Group Rate of $125.00
Complimentary breakfast and manager’s reception included daily
www.stvladimirs.org www.uol.orthodoxws.com
The afternoon was scheduled with a presentation about the UOC of USA trip to the Holy Land. Amazingly, the focus of the retreat, The Way of a Pilgrim, was chosen prior to the trip being scheduled. However, the review of the Pilgrimage was right in sync with the retreat topic. Lord How Manifold are Thy Works!

As part of the presentation Fr. Bazyl explained each day of the pilgrimage, explaining the amazing journey and outlining each of the sites seen. With over 200 slides the retreat participants were able to see the amazing churches throughout the Holy Land.

Following the slide presentation all joined for Vespers served by Fr. Vasyl Dovhan and Deacon Philip Harendza. The day closed with a lenten dinner and time to enjoy fellowship between all of the retreat participants. This year we were blessed that over 60 people registered for the retreat and we had multiple chapters and parishes represented including: Allentown, Carteret, Johnson City, Maplewood, Monessen, Northampton, Philadelphia, Silver Spring, South Bound Brook, and Yardville.

Plans are underway for Retreat 2014, be sure to join us next year for the retreat. We look forward to seeing you there!

The Ukrainian Orthodox League Young Adult Memorial Day Weekend Retreat May 24-27, 2013

“Am I My Brother’s Keeper?” Genesis 4 All Saints Camp Emlenton, PA All high school seniors - age 39 are invited to attend! For more information contact:
Emily Kominko (216) 387-0491 kominkea@gmail.com
Kira Senedak (412) 496-4811 ksenedak@gmail.com
This weekend is guaranteed to be spiritually uplifting, relaxing and tons of fun!
Registration is only $35.00

Sts. Peter and Paul Senior UOL, Youngstown Ohio Submitted by Walter M. Duzzny Sr. President

In the world of real estate the key to success is location, location, location. I am sure that in the business world in general there are many same or like statements that prove to be just as beneficial, and so is it with our Parish here in Youngstown, Ohio.

For us it has become stuffed cabbage, stuffed cabbage, stuffed cabbage, and rightfully so. Continuing from our sale this past fall of over one hundred dozen, this staple diet for the Ukrainians and others in the area is now our platform dish for Parish events. With over three hundred attending our annual Malanka dinner dance, you can well guess what the main dish was……….and yet the area residents vocalize their desire for more. This part of our ethnic contribution again helped to make our February 10 dinner a success, where we again served among other foods……you guessed it…..

Never a Chapter to be shy we are moving towards another one hundred dozen sale in March. The spin to this is the fellowship extending beyond our members to the Parish and the other Orthodox Christians in the tri-county area. Obviously the funds derived assist in Parish and community causes, and will help towards participation in the UOL National Convention in Parma. From where I stand hats off to the membership and Parish for their support of those projects and programs that enhance the goals and objectives of the UOL.

In summary, we will continue to use our Orthodox ethnic heritage, and should property become available here in Northeast Ohio who knows what the next national theme park will be…maybe Stuffed Cabbage Land.

Update from Public Relations Chairperson - Joshua Oryhon

It is incredibly easy to share your parish’s events and news items with a wide audience! By simply emailing UOLofUSA@gmail.com and attaching a PDF of a flyer or informational blurb, you will be advertising your parish’s special events, fundraisers and other news items to a vast network of Orthodox faithful.

Your parish’s event will be posted on the UOL website, online Interactive Calendar, social media outlets, shared via the UOL Email List and published in the UOL Bulletin. As your special event approaches, periodic reminders will be sent as well! After your event occurs, send along a recap with photos which will then be posted online and in the UOL Bulletin. Please contact us with any questions and to start advertising today!
Interested in learning about the Ukrainian Orthodox League?

Ever wondered what the UOL Convention is like?

Want to worship with other Orthodox Christians in many varied services?

Want to meet and talk with our hierarchs?

Want to be part of the bigger picture and accomplish great things?

Come to the 66th Annual UOL Convention
July 24-28, 2013 in Parma, Ohio!!!

If your parish does not have a chapter of the Ukrainian Orthodox League or you have never attended the convention before, then this is the deal for you! The UOL National Executive board will sponsor the convention registration packet for the first 10 people who respond.

"Why is attendance at the Annual UOL convention important? You can form new relationships, share ideas and common interests. Joining efforts at conventions helps on many levels to help a bigger cause. Are you part of the bigger picture? The UOL of the USA has initiated and accomplished many wonderful projects. We have raised funds to help St. Andrew’s Soup Kitchen in Ukraine, orphanages in Ukraine, our All Saints Camp and new Chapel, mission parishes and many other worthy causes. Each project could not have been done without the wisdom and strength provided by its members throughout the USA. The UOL convention will help you gain enthusiasm, empathy and love from those who live far away, and enlighten your spirituality as we pray together.

Please encourage your members to attend the convention and take the opportunity for a family vacation, see what Ohio has to offer, or visit friends. Do not delay, for you or for one of your parishioners, to be one of the first 10 lucky people to respond to this amazing offer.

Please call/email Pam Scannell 607-760-1671 wscannell@stny.rr.com with any questions regarding chapter development or the convention. We look forward to seeing you in Parma, Ohio.

What are the details?
- Paid and volunteer positions are available from June 21 - July 20 and July 29 - August 2.
- Multiple position options such as cabin counselors, medical staff and program staff
- Campers range in age from 9 - 18
- Must be able to complete pre-camp training.
- Applications and information available on-line at www.uocyouth.org
- Application deadline June 1

Be A Star in the UOL Promotional Video

Your chance has come to be a movie star by being featured in our UOL Promotional Video to be filmed and edited by Adam Kennedy of St. Vladimir’s Philadelphia, PA.

As recommended by the Membership and Chapter Development Committee at the 65th UOL Convention we will be producing a short video that will feature the history of the UOL, its accomplishments, how the UOL helps your parish, and many other exciting UOL topics.

The filming of this video will take place at this year’s 66th UOL Convention to be held in Parma, Ohio, July 24-28, 2013. The video will feature many of our UOL members, juniors and seniors, as well as our very own hierarchs, clergy and National Executive Board members.

All we need from you is a willingness to participate and attend this year’s convention. A letter will soon be sent to your UOL Chapter to explain the details.

Ukrainian Orthodox Church Summer Camp Staff

Are You?

Are ready to devote yourself fully, not only to the mission of the UOC Camping Ministry, but also to our campers and our faith,
- 18 or older (as of June 2013)?
- An individual who enjoys working with youth and encouraging them in our faith?
- Able to dedicate a week or several weeks to the UOC Camping Programs?
- Looking for summer employment?
- A dependable individual, and exhibit good character?
- Willing to become a positive influence in the lives of our youth and share your gifts and talents?
- Ready to take an active role in our faith?
- Able to work well with others in a close environment, knowing when to be a leader and when to be a follower?
- Ready to have the best time of your life?
- Ready to love those around you unconditionally?

If these things sound like you, then you should apply to be a part of the UOC Camping Staff!
Thank you to everyone who has contributed to the Annual Fund Drive which includes UOL Projects, the Lynn Sawchuk -Sharom Kuzbyt Scholarship Fund and the Metropolitan John Scholarship Fund!

The following is a list of contributions made so far to our Fund Drive. Thank you for your support!

**Total contributions were: $3255.00**

**UOL Projects- total contribution $725.00**
- Myron Shlatz - In Memory of Myron Shlatz Sr.
- Joseph Romanosky - In Memory of Mary Z Romanosky
- Catherine Shaffer - In Memory of my brother John Lesky
- SR UOL Carteret, NJ - In Honor of all UOL members
- Joseph Romanosky - In Memory of Anna Lebid
- Catherine Shaffer - In Memory of my husband George Shaffer
- SR UOL Sts. Peter & Paul Youngstown, OH - In Memory of deceased chapter members
- SR UOL Carteret, NJ - In Honor of all UOL members
- Rose Boykas - In Memory of Sharon Kuzbyt
- Bettyann and Janet Woyewoda

**SR UOL Sts. Peter & Paul Youngstown, OH - In Memory of deceased chapter members**
- Irene Pashensnik
- Daria & Michael Komichak
- Marilyn Drusha
- Paul & Marlene Haluszcza

**LSSK - total contribution $1610.00**
- Myron Shlatz - In Memory of Myron Shlatz Sr.
- Eric & Kira Senedak
- Olga Sawchuk - In Memory of Lynne Sawchuk
- Rose Boykas - In Memory of Sharom Kuzbyt
- Joseph Romanosky - In Memory of Anna Lebid
- Catherine Shaffer - In Memory of my husband George Shaffer
- SR UOL Carteret, NJ - In Honor of all UOL members
- SR UOL Sts. Peter & Paul Youngstown, OH - In Memory of deceased chapter members
- Bettyann and Janet Woyewoda
- S M Sawchuk Sales Inc. - In memory of sister Lynn Sawchuk

**MJSF - total contribution $920.00**
- Myron Shlatz - In Memory of Myron Shlatz Sr.
- Joseph Romanosky - In Memory of Helen Euler
- Bettyann and Janet Woyewoda
- SR UOL Carteret, NJ - In Honor of all UOL members
- SR UOL Sts. Peter & Paul Youngstown, OH - In Memory of deceased chapter members
- Irene Pashensnik
- Daria & Michael Komichak
- Marilyn Drusha
- Paul & Marlene Haluszcza
- Irene Pashensnik
- Daria & Michael Komichak
- Marilyn Drusha
- Paul & Marlene Haluszcza
- Charissa Sheptak & David Martin

**St. Mary's Sisterhood of St. John the Baptist UOC**
- Johnson City, NY
- Anna Woznak

(continued from page 2)

of the Unia promised that Greek Catholic (Ukrainian) and Roman rite would be on a separate, but equal footing, but in practice Byzantine rite Catholics were always very much second class. This is on reason that priests adapted the latest Roman fads. Supplicatia came as a constituted Byzantine form of the Roman service of Benediction of the Blessed Sacrament, a worship service emphasizing the bodily presence of Christ in the eucharist. Fostered to counter Protestant denial of the body and blood of Christ in Communion, this is a totally alien worship concept for Orthodox. We follow the mandate of Christ to feed on Him in Communion, and the worship of the sacrament without partaking of it is just plain wrong and unscriptural. Our churches had supplicatia for years and processions with the sacrament on Good Friday and Pascha were popular devotions in our churches. Let us remember that our early parishes as well as priests and cantors came directly from the Greek Catholic church. They knew only what had been done for several generations and had accepted wholly the theology and interpretations as taught in the Catholic seminaries. Leaving the Roman Pope and the Catholic allegiance made them Orthodox, but at the time no one realized that there needed to be a complete change in mindset as well as in pious practices. Were our forefathers wrong or evil in holding to such customs? NO! As time passed and new truth of true Orthodox teaching and practice circulated among our priests and cantors gradual changes took place. The babas and their rosary societies in the 1940’s and 1950’s gradually faded away. Interest in the Sacred Heart of Jesus and the Immaculate Heart of Mary also replaced when true Byzantine iconography became more available and was seen to better represent our traditional worship. Furious ringing of bells at the consecration and when a person communed became passe and the use of clackers on Good Friday has virtually disappeared.

Our Ukrainian Catholic brethren too, in many cases, have dropped some of their former cherished practices as some of those seemed counter to post Vatican II Council reforms or were opposed to what may be considered Byzantine liturgical purity.

I remember in the 1980s when the Prensacintified Liturgy was first introduced to most of our parishes by priests and was further confirmed by our hierarchs serving it in all parishes. Positive strides were made in liturgical education and the spiritual hunger of the faithful was fulfilled. Old habits were gradually replaced by proper Orthodox services and teaching in the church schools educated the youth to proper Orthodox worship.

An evolution has taken place and priests and faithful now have a good grasp of Orthodox teaching and practice. Some of our old timers may have fond memories about this or that practice, but really it is not advisable to seek that such be reintroduced to our parishes. These were second-hand hand-me-downs from the Roman Church, so that era is best forgotten. We have a fullness of liturgical life and spirituality that was unavailable to our older generations. Such treasure can be found on the internet today that was inaccessible even to seminarians of a generation ago.


Commemorative Yearbook, Advertisement Form

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<td>Treasurer</td>
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<td>666-5432</td>
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<td>Rose Boykas</td>
<td>Secretary</td>
<td><a href="mailto:RoseBoykas@UOL.com">RoseBoykas@UOL.com</a></td>
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U.O.L. Convention Committee
Sobor, OH 44109

Contact Information:
To Submit Advertisement Electronically or Questions Contact:
dipogar@pittnet.net or 440.286.0584

www.uoldirectors.org www.uoldirectories.com/
We're Goin' to Wichita! Why You Should Join Us!
High School Mission Trip 2013 - The Tree House

We are very excited to announce that the 2013 High School Mission Trip will be serving at The Tree House in Wichita, KS. The Tree House was founded in 2002 by the Orthodox Christian Ministries, Inc. The Treehouse serves about 2,600 women in Wichita, Kansas each year. Women come to The Treehouse as referrals from other social service agencies in Wichita. These moms have given birth in difficult circumstances, and have material, emotional, and spiritual needs. The Treehouse offers mothers and babies a brighter future through sharing God’s love, basic necessities, education and genuine personal care. (Treehouse website – www.wichitatreehouse.com)

Past team members say about their experiences:
Katie Zimmerman – 2012 Team: “I really enjoyed the trip and I would have definitely done it again if I was not going to college…It was very hard to say goodbye to all the wonderful people that we met, and even though most of the team knew each other, we had a special connection and really became a family, which was our #1 rule. In the end, the entire team wanted to stay, but we all returned home to hopefully spread the light about how wonderful mission work really is.”

Christopher Haluszczak – 2010 Team: “The experience hasn’t left me. Even 3 years after the fact, I still reflect back and can do nothing but smile at what we had done in New Mexico. I would strongly encourage anyone in going, for you will take part in something that will change your life.”

The Trip will take place from August 3-11, 2013. The cost of the trip is $525 not including travel to Wichita. Grants to help defray the cost of the trip are generously provided by the Jr Ukrainian Orthodox League. Information about applying for the trip, details of the trip and grants are available at www.uocouthy.org, or call the Office Youth Ministry at 412-279-1076.

Greater Lent Giveaway 2013- The Wish of the Children

Benefiting the Make-A-Wish Foundation

Submitted by Kateryna Kocelko

Why do we give during Lent? How does the Orthodox Church view suffering? Why does God allow suffering? How can we pray for those who are ill? These questions and more will be addressed in this year’s Great Lent Giveaway - the Wish of the Children. This year’s Great Lent Giveaway benefits The Make-A-Wish foundation. The purpose of The Make-A-Wish foundation is to help children with life-threatening illnesses get a wish to do whatever they choose. Make –a–Wish Foundation was established in 1980 and has touched over 250,000 children around the world since its inception.

The sum to fulfill a full wish for one child is $7,000. The National Junior Board is financially committing to reach the target of this project. With the home chapters and parish youth we hope to achieve the objective of $7000. If every chapter could set a goal to raise $450, we would easily meet our ultimate goal of $7000 (that isn’t to say raising more than $450 would not be appreciated!!). Be creative while thinking of ways to fundraise. The sky is the limit and you can do whatever you want! Ideas for fundraising will be included in the GLG packet.

The week prior to Great Lent, chapters and parishes will receive information concerning the Great Lent Giveaway program. Please read through the Great Lent Giveaway “How To” which will provide you with the framework for this year’s program. Each week a new session concerning the theme of the 2013 GLG will be provided on the Office of Youth Ministry website.

I encourage you to expand your understanding of alms giving and Christian suffering during Great Lent as well as raising money for a VERY worthy cause. You may contact me at any time with any questions. Everything you will need to have a successful Great Lent will be on the website www.uocofusa.org beginning March 16th. If you have questions feel free to contact the GLG coordinator, Kateryna Kocelko at kdkcutie25@yahoo.com or the OYM office at uocouthy@aol.com. Let’s work together to grant the wish of a child!!

To make a donation to the Great Lent Giveaway and help this very worthy cause, please make your check out to the Junior UOL and send to: Jr. UOL Financial Secretary Sarah Hershey 51 South 4th St. Oxford PA 19363.

Lynn Sawchuk Sharon Kuzbyt Scholarship!

Applications for the L.S.S.K. Scholarship will be available in March & due May 31, 2013.

*Applicants must be a Jr. UOL member in good standing; a past Jr. UOL member enrolled in or about to enter a program of advanced education;
*Outstanding performance in service to the UOL and UOC;
*Academic performance in high school;
*Involvement in extracurricular activities;
*High ethical & moral character.

Copies will be mailed to Spiritual Advisors & Chapter Presidents and available on the UOL’s website: www.uol.orthodoxws.com.

Questions? Contact Alexis Oryhon - amoryhon@gmail.com

We are very excited to announce that the 2013 High School Mission Trip will be serving at The Tree House in Wichita, KS. The Tree House was founded in 2002 by the Orthodox Christian Ministries, Inc. The Treehouse serves about 2,600 women in Wichita, Kansas each year. Women come to The Treehouse as referrals from other social service agencies in Wichita. These moms have given birth in difficult circumstances, and have material, emotional, and spiritual needs. The Treehouse offers mothers and babies a brighter future through sharing God’s love, basic necessities, education and genuine personal care. (Treehouse website – www.wichitatreehouse.com)
2nd Annual 
Meet the Seminarians Picnic 
St. Thomas Pilgrimage 
South Bound Brook, New Jersey 
Saturday May 11th 
Help out with parking duty and support our UOL 
as we raise funds for our Seminary! 
3:00 pm  Meet at Seminary 
6:00 pm Vespers 
$10 adults and teens 
$5 12 and under 
Enjoy dinner and games! We hope to see you there!

A donation to the Tribute Fund is an acknowledgment of a Milestone, Memorial, or Accomplishment, or is a Special Recognition of an individual or group. 
Your much-appreciated contribution is used to support and further the Mission of the Ukrainian Orthodox League. All donations are published in the UOL Bulletin. 

Donor Occasion/Tribute 
Little James Senedak is looking for your UOL Tributes! He reads the UOL Bulletin regularly and is waiting to see an article from your chapter.

Have you been wanting to honor or thank someone special? The tribute fund is the ideal way to honor someone or commemorate a special event! It is very easy to submit a Tribute. Don’t put it off – sent your tribute today!!

To submit your Tribute: Submit a card that includes your Name and Address, the Name of the Person to Receive the Tribute, the occasion of the Tribute (for example In Memory or To Honor), and the Name and Address of the person to whom an acknowledgement card should be sent.

For a contribution of $20 or more, the name and occasion is printed in the UOL Bulletin.

UOL Tributes should be submitted to: Natalie Bilynsky   703 Pine Ridge Road  Media, PA 19063. Please make check payable to Ukrainian Orthodox League.

ATTENTION BULLETIN READERS: 
We haven’t moved but our post office has -- when submitting items for the UOL Bulletin - please note change in address: 
Natalie Bilynsky 703 Pine Ridge Road MEDIA, PA 19063

2013 Cultural Contest 
• Participation is open to ALL UOL members, juniors and seniors. 
• Entries will be displayed and voted on at the 66th Annual UOL Convention in Parma, Ohio. 
• Any homemade item that involves Ukrainian heritage and culture is permitted 

For more information, contact: 
Sarah Hershey, Financial Secretary 
Cultural Committee Chair 
trackstar5.47@gmail.com

UOL Bulletin 
c/o Natalie Bilynsky 
703 Pine Ridge Road 
Media, PA 19063

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