



UOL BULLETIN

UKRAINIAN ORTHODOX LEAGUE OF THE UNITED STATES OF AMERICA

Dedicated to our Church -- Devoted to its Youth

VOL. 59 NO. 7

JUNE 2013

UOL Lenten Retreat (NE/OH-Western PA)

April 13, 2013

**"The Journey Through Great Lent:
Prayer, Fasting and Almsgiving"**

Submitted by Diane Senedak



Through God's grace and by His will, 49 participants, which included 8 clergy, our guest speaker, Junior and Senior UOL Members and non-members (and one toddler and a baby!) traveled from 10 parishes and as far away as Michigan. We thank you! "The Journey through Great Lent: Prayer, Fasting and

Almsgiving" theme based retreat

was held on April 13th, 2013, once again at the majestic Villa Maria Retreat Center. We thank our Spiritual Advisor, V. Rev. John Harvey, Sts. Peter & Paul UOC, Youngstown, Ohio and the clergy present, who conducted the beautiful morning and Vesper services and offered counsel and direction in hearing participant confessions, and V. Rev. John Nakonachny, St. Vladimir's Cathedral, Parma, Ohio, who conducted the beautiful voices of the choir.



We thank our inspirational guest speaker, Dr. Gayle Woloschak, who encouraged all of us to follow the Lord's example in our daily lives, preparing
(Continued on page 4)

St. Thomas Pilgrimage 2013



On May 11th and 12th UOL members joined Ukrainian Orthodox faithful for the St. Thomas Pilgrimage in South Bound Brook, New Jersey. For the last eight years UOL members have volunteered helping with parking duties for both days.

The responsibilities included selling commemorative ribbons and collecting parking fees. The proceeds made from the sale of commemorative ribbons were designated by the National Executive Board to benefit the Seminary. Parking fees are allocated for the Consistory and for the expenses of the weekend, including bus transportation and set-up for the thousands of people who come to South Bound Brook to have Panakhydas to honor loved ones of blessed memory. This year many chapters were represented in the parking duties including: Maplewood, Coatesville, Allentown, South Bound Brook and Philadelphia.



As part of the Pilgrimage the Cultural Center was a place to see old friends and to see a variety of cultural and religious items that were for sale. There were multiple vendors in the Cultural Center and they had cultural items made in Ukraine, religious items like icons and books, as well as jewelry, music and

pysanky. The lobby and the Cultural Center also had displays from organizations of the church and included a UOL table. The UOL table had poster boards with pictures from the last three UOL Conventions.



The National Executive Board planned a special fundraising event for the

Saturday of St. Thomas Weekend. At three o'clock, after parking duty was completed UOL members and friends gathered at the Seminary for a Barbecue. Over 40 people enjoyed a delicious barbecue with hamburgers, hot dogs, and salads. His Eminence Metropolitan Antony and His Grace Bishop Daniel, along with all of the seminarians, enjoyed the barbecue. The seminarians manned the grill and prepared a delicious feast. In addition to the wonderful time enjoyed by all, we were able to raise \$250 for the Seminary. Thank you to His Grace Bishop Daniel and the Seminarians for their hospitality!



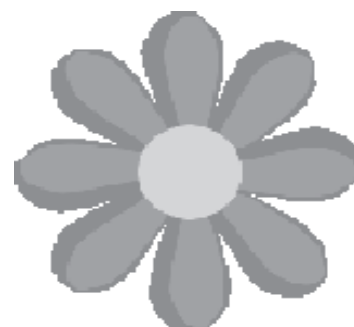
You are cordially invited to...

**The 66th Annual U.O.L. Convention
St. Vladimir's Cathedral
Parma, Ohio
July 24-28, 2013**

"O Lord, how manifold are Your works, in wisdom You have made them all."
~ Psalm 103

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The absolute deadline for each monthly issue is the 1st of the prior month. Photos will not be returned.

Note to Contributors: All articles submitted to the UOL Bulletin must be in 12 point Times New Roman (font), or typed and double spaced in 12 point type. Articles may be submitted via e-mail attachments. (Submit to: nsufler@aol.com). If submitting photos please be sure to obtain consents for photos to be included in the UOL Bulletin.

The editor reserves the right to condense any material submitted. Material cannot be returned.

*MESSAGE
FROM THE
SENIOR UOL
PRESIDENT*



Martha X Misko

This issue of the UOL Bulletin is a reminder that the 2012-2013 UOL year is swiftly concluding. I trust that each Chapter and all members had a spiritually and socially rewarding year. Hopefully, you will all join us at the 66th UOL Convention in Parma, OH, this July to share your UOL experiences.

Recently, the Senior National Executive Board convened for its Spring meeting in Parma on April 27. The Parma Chapter members were most gracious as always. Gathering together on Lazarus Saturday gave us the opportunity to attend Divine Liturgy prior to our meeting and set the tone for a productive day.

During the meeting, the National Executive Board reviewed its progress toward accomplishing the recommendations of the 65th Convention Body and discussed ideas to put before the 66th Convention Body to move the UOL closer toward its VISION FOR 2020. The VISION FOR 2020 was determined by the 63rd UOL Convention as a direction for the future of the UOL.

The NEB has continued to focus this year, along with its annual projects, on increasing UOL membership and UOL awareness throughout the Ukrainian Orthodox Church of the USA. This task is great and cannot be the NEB's alone. ALL members need to promote the UOL and its work for our Church! And, it's not too late to increase membership and awareness this year! Encourage your chapter members and other parishioners to attend the UOL Convention in Parma! The enthusiasm and spirituality generated at a UOL Convention often filters back to home parishes and ultimately creates strong UOL members and faithful Orthodox Christians!

And speaking of Conventions...we are all looking forward to attending the 66th UOL Convention in Parma this July. We know that Melanie Nakonachny and her Committee are planning a great Convention! Plans are also underway to gather in South Bound Brook, NJ, at our Metropolia Center in 2014 for the 67th UOL Convention. Stay tuned for further details in the 2013-2014 UOL year! In 2016 our Holy Ghost UOL Chapters of Coatesville, PA, have enthusiastically bid for the 69th UOL Convention. However we are looking for a host chapter for the 68th UOL Convention in 2015. Perhaps your chapter will consider hosting the 2015 Convention! Why not discuss the possibility at your next chapter meeting? It would be wonderful to hear of a bid for 2015 from your Chapter at this year's Convention!

A big thank you goes to the chairs of the two very successful UOL Lenten Retreats – Oleh and Natalie Bilynsky, Chairs of the UOL Lenten Retreat in Mount Pocono, PA, and to Diane Senedak, Chair of the UOL Lenten Retreat in Villa Maria, PA. These annual events always give us an opportunity to be reflective and spiritually uplifted, both individually and together as Orthodox Faithful.

And, once again, I sincerely thank the volunteers who monitored the parking lots at our Diocesan Center in South Bound Brook, NJ, during St. Thomas Sunday Weekend. Members collected donations for parking and attendance ribbons. The monies collected for the ribbons will benefit the pledge of the UOL to raise \$10,000 in three years to be used by St. Sophia Seminary to support professional staffing and curriculum resources for its students. During the weekend the UOL invited participants to join together at a picnic hosted by the St. Sophia Seminary on the Seminary grounds. This successful event promises to be an annual happening!

Lastly, it has been my honor and pleasure to have served as UOL President for the last three years. To have worked with all of you has been a most rewarding experience. I look forward to seeing you all at the 66th Convention as we plan for another year of service to our UOL and our Church.

I remain yours in Christ,
Martha X. Misko

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ASK FR. HARVEY

Questions answered by Fr. John W. Harvey

In the Sacrament of the Wedding, there is that portion in which the couple are asked individually if they are not already promised to someone else. In modern times, affairs with others seem to go on even when an engagement has been arranged, so what are the consequences if one partner is not honest and forthright when asked such a question?

When the priest is preparing a couple for their wedding date, the seriousness and the utter commitment demanded of a couple is stressed. If either partner has been married before, the details of divorce, annulment or the death of the spouse must be clarified. In the case of a divorced person certain tests must be made as to whether the new wedding will be permitted to go ahead. The hierarch is consulted on this, who will review all circumstances before a blessing is made for this to go forward. If such stringent measures must be undergone before a second marriage is to be celebrated, the first also is probed to be sure the couple are truly serious about their commitment.

Let us remember that the Orthodox wedding is not so much as hiring a priest to officiate as the knot is tied. The Orthodox wedding is a matrimonial coronation and by stepping forward in the solemn sanctity of the church, the couple acknowledges that their crowning presupposes a commitment which will be rewarded in heaven. What I am saying is that the wedding service is just not uniting the couple in a physical union for their lifetime, but has serious spiritual implications for eternity. One does not just automatically marry all that approach, as in a civil registry, but questions are made and instructions given about serious commitment and mutual life in Christ.

What is there to say about those approaching marriage, who would be willing to lie about the guys or gals they are still entangled with even while engaged. Remember the story of Ananias and Sapphira in the Acts of the Apostles. They solemnly promised to give the full proceeds of a property sale to the church. They reneged on their promise (before God) and then happened to prevaricate about their action. Both dropped dead and this was a strong warning to whoever makes a solemn promise before the Lord, yet in reality is telling a falsehood. In the case of marriage, such prevarication makes the marriage bed defiled from the start, as dishonesty proves a divided heart. A mockery of the blessedness of marriage will often lead to divorce. The aggrieved party, who was honest and upfront from the start, would certainly be given the blessing for another marriage. The one who entered into the sacrament in a spirit of deceit should not be permitted a further church marriage. Matrimonial coronation is serious business, so every attempt must be made to see that both partners are of one mind and are equally committed before they even come to the church.

After my mom passed away, there were a number of social activities that had been planned for awhile for which we had been previously committed. In the ensuing days and weeks thereafter, my family and I dropped out of a wedding celebration, a progressive dinner in our local club and a high school reunion dance. As a family, we cited that this was a mourning period for us, so that we were avoiding social activities and entertainments. I was surprised that in our local community such a stance was considered weird. They would say, your mom is gone, but she would have wanted that your life would go on and to be happy. They would essentially say that mourning periods are old-fashioned and extreme. Is it not proper for Orthodox Christian people to avoid unnecessary dinners, dances and entertainment out of respect for a loved one they are mourning?

In the Orthodox church, we have a forty day period in which the deceased is especially mourned, which ends in a special memorial Panachyda being served. It is traditional that during this period, out of respect for the deceased, that we decline to attend parties, dances and entertainments. There is no hard and fast

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National Executive Board Meeting

The National Executive Board spent the last day of Great Lent and Lazarus Saturday in Parma, Ohio. Senior National Executive Board Members traveled to Parma to review accomplishments and prepare for the 66th Annual UOL Convention. On Saturday the National Executive Board gathered in the Cathedral for Divine Liturgy. It is always wonderful for the Board to have the opportunity to start the Board Meeting with Divine Liturgy. His Grace Bishop



Daniel celebrated Divine Liturgy and inspired board members and the faithful to dedicate their lives to Our Lord.

Following Divine Liturgy the National Executive Board enjoyed a delicious brunch and began the meeting. President Martha Misko encouraged each board member to review the accomplishments of the year while reviewing recommendations from last year’s Convention Body.

There was discussion about each commission report and plans for the upcoming UOL Convention. In Christian Care Giving and Missions there was discussion about the donations to each of the Mission projects. It was suggested that at the Convention there be discussion about how UOL chapters can do service projects within their home communities. Within the Education Commission there was a review of the recent UOL retreats. Both retreats were a great success. There was also discussion about upcoming Young Adult activities including the Memorial Day weekend retreat.

Pam Scannell discussed the plans for the UOL video and arrangements that have been made to create a UOL video. Filming will occur at the UOL Convention.

As delegate to the Camp Committee, Chris Mills discussed the upcoming anniversary celebration at All Saints Camp. Everyone is encouraged to come to All Saints Camp to celebrate the 35th Anniversary of the Camp, and 5th Anniversary of St. Thomas Chapel, on June 29, 2013.

The highlight of the meeting was a review of plans for the UOL Convention. The UOL Convention will be held in Parma on July 24-28, 2013. We hope to see you there.

Following the meeting the Board enjoyed a delicious pasta supper and celebrated Vespers. The evening was spent at the rectory with board members having a chance to spend time with our UOL family.

The next morning National Executive Board Members participated in Palm Sunday Divine Liturgy in Parma. Following Divine Liturgy the UOL Convention Committee sponsored a lovely fish luncheon where all proceeds benefit Convention fundraising.

The weekend was a huge success! The National Executive Board thanks Fr. and Pani Matka Nakonachny, Fr. and Pani Matka Hontariuk, Convention Chairperson Melanie Nakonachny and all chapter members for their warm hospitality.

Update from Public Relations Chairperson - Joshua Oryhon

It is incredibly easy to share your parish’s events and news items with a wide audience! By simply emailing UOLofUSA@gmail.com and attaching a PDF of a flyer or informational blurb, you will be advertising your parish’s special events, fundraisers and other news items to a vast network of Orthodox faithful.

Your parish’s event will be posted on the UOL website, online Interactive Calendar, social media outlets, shared via the UOL Email List and published in the *UOL Bulletin*. As your special event approaches, periodic reminders will be sent as well! After your event occurs, send along a recap with photos which will then be posted online and in the *UOL Bulletin*. Please contact us with any questions and to start advertising today!

(Retreat - continued from page 1)

us to continue our Lenten journey. The group enjoyed her workshops about how we can apply the Orthodox teachings to our daily lives.

Our first workshop was: “Pilgrimage Through Prayer.” Dr. Gayle states, “Participating in the liturgical prayer of the Church is about joining oneself fully with all the members of the Body of Christ with a purpose of praise, thanksgiving and petition.” She goes on to say that silence in prayer is a choice, choosing the things we want to do. Silence is God-awareness, quieting our inner and outer lives and listening to God speak. In addition, using the Jesus Prayer is often used as a means to achieve inner silence, substituting one thought for another. This prayer helps us to stand in God’s presence, elevating the mind and heart to God. The Jesus Prayer: Prayer of the Heart -- “Lord Jesus Christ, Son of God, have mercy on me a sinner.”

And from St. John Chrysostom, “The scriptures were not given to us that we might have them in books, but that we might engrave them in our hearts.”

Our second topic was: The “Spirit” of Fasting: Essential Element of Christian Life— The Christian Goal: Purification, Liberation, Strengthening and Enlightening. The session encompassed the origins of fasting, the four

major fasting periods, fasting before the Eucharist, types of fasting, components of fasting, and the benefits of fasting. Dr. Gayle’s workshop taught us that the main purpose of fasting is to gain mastery over oneself and to conquer the passions of the body, to liberate oneself from dependence on the things of the world and thereby focus on the things of the Kingdom of God. She continues: “The Fathers saw two reasons to fast: They interpreted the Scriptures on fasting as a means for spiritual achievements and they witnessed from their own experience of fasting, that they achieved closeness to God.”

Christ’s command for us to Fast... “And when ye fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men, but by your Father Who is in secret. And your Father Who sees in secret will reward you.” (Matt. 6:16-18)

Next, Dr. Gayle shared with us some of those oh, so amusing, church sign phrases that we’ve all seen around town. One of them read... Prayer—Wireless Access to God With No Roaming Fees! This and other quips were a bit of lighthearted humor between the sessions!

Then, our third workshop was: Almsgiving: The Act of Being Merciful-Will our Neighbor see Christ in us? Dr. Gayle says, “Almsgiving is about caring for others, use ‘Acts of Mercy’ as Action in Ministry.” Her topics for Ministries of Almsgiving were: Family life, Visiting shut-ins and the afflicted, Helping the homeless, Being peacemakers and reconcilers, Displaying hospitality, Caring and sharing, Ministries of Crisis Support and Being kind to the Earth. The session helped us to realize: Almsgiving...it’s a good thing!

Our fourth and final workshop was titled: Our Lenten Journey; Pulling It All Together, where Dr. Gayle talks about discernment, joy and metanoia. She says that St. John of Damascus called discernment “the crown of all virtues.” We can strive to have a closer personal relationship to God and others. She continues, “At times we may not understand something that is not immediately obvious.” The process of becoming more like God is “theosis” or deification...the person becomes filled with the divine life, realizing that the image of One in Three is about relationship. And the “inexpressible joy” comes not from the absence of troubles but from the presence of Christ in our

Be A Star in the UOL Promotional Video



Your chance has come to be a movie star by being featured in our UOL Promotional Video to be filmed and edited by Adam Kennedy of St. Vladimir's Philadelphia, PA.



As recommended by the Membership and Chapter Development Committee at the 65th UOL Convention we will be producing a short video that will feature the history of the UOL, its accomplishments, how the UOL helps your parish, and many other exciting UOL topics.

The filming of this video will take place at this year's 66th UOL Convention to be held in Parma, Ohio, July 24-28, 2013. The video will feature many of our UOL members, juniors and seniors, as well as our very own hierarchs, clergy and National Executive Board members.

All we need from you is a willingness to participate and attend this year's convention. A letter will soon be sent to your UOL Chapter to explain the details.

So get your best outfit ready and put on your best smile and be prepared to be a star!!!

BE OUR GUEST! BE OUR GUEST!

Interested in learning about the Ukrainian Orthodox League?

Ever wondered what the UOL Convention is like?

Want to worship with other Orthodox Christians in many varied services?

Want to meet and talk with our hierarchs?

Want to be part of the bigger picture and accomplish great things?

Come to the 66th Annual UOL Convention
July 24-28, 2013 in Parma, Ohio!!!

If your parish does not have a chapter of the Ukrainian Orthodox League or you have never attended the convention before, then this is the deal for you! The UOL National Executive board will sponsor the convention registration packet for the first 10 people who respond.

Why is attendance at the Annual UOL convention important?

You can form new relationships, and share ideas and common interests. Joining efforts at conventions helps on many levels to help a bigger cause. Are you part of the bigger picture? The UOL of the USA has initiated and accomplished many wonderful projects. We have raised funds to help St. Andrew's Soup Kitchen in Ukraine, orphanages in Ukraine, our All Saints Camp and new Chapel, mission parishes and many other worthy causes. Each project could not have been done without the wisdom and strength provided by its members throughout the USA. The UOL convention will help you gain enthusiasm, empathy and love from those who live far away, and enlighten your spirituality as we pray together.

Please encourage your members to attend the convention and take the opportunity for a family vacation, see what Ohio has to offer, or visit friends. Do not delay, for you or for one of your parishioners, to be one of the first 10 lucky people to respond to this amazing offer.

Please call/email Pam Scannell 607-760-1671 wscannell@stny.rr.com with any questions regarding chapter development or the convention. We look forward to seeing you in Parma, Ohio.

Proposed Constitution Change

At the 65th Annual UOL Convention it was recommended that the National Executive Board review the Constitution to determine if membership could be expanded to include individuals who are not members of the UOC of USA.

The following Constitution Changes will be reviewed at the 66th Annual UOL Convention:

1) Change to Article II PURPOSES

The League is a national volunteer organization of members in the Ukrainian Orthodox Church of the United States of America, hereinafter referred to as the Church, who are committed to:

Proposed change: The League is a national volunteer organization of members **and supporters of** the Ukrainian Orthodox Church of the United States of America, hereinafter referred to as the Church, who are committed to:

2) Change to Article II MEMBERSHIP

Section 2. Qualifications and Requirements

c. Member-at-Large

Only an individual who is a member of the Church*, not residing within the geographical area of a local UOL chapter and is at least ten (10) years old for junior and 18 years old for senior membership, is eligible to apply for member-at-large status. The individual must agree to be governed by the League's Constitution and Policies, participate in those League projects deemed appropriate by the Executive Board, support all efforts toward the achievement of the League's purposes and goals and fulfill all financial obligations as stipulated in Article III, Section 5 a.

(*in the Constitution Church is defined as UOC of USA)

Proposed Change (in bold):

Only an individual who is a member of **an Orthodox** Church, not residing within the geographical area of a local UOL chapter and is at least ten (10) years old for junior and 18 years old for senior membership, is eligible to apply for member-at-large status. The individual must agree to be governed by the League's Constitution and Policies, participate in those League projects deemed appropriate by the Executive Board, support all efforts toward the achievement of the League's purposes and goals and fulfill all financial obligations as stipulated in Article III, Section 5 a.

Section 4. Admission to Local Chapter

a. Senior

Any member of the Church and a local Parish who is eighteen (18) years of age or older may become a member in that parish's senior League chapter.

b. Junior

Any member of the Church and a local parish who is between the local chapter's minimum age limit and eighteen (18) years of age, may become a member of that parish's junior League chapter.

Proposed Change (in bold):

a. Senior

Any member of the Church and a local Parish who is eighteen (18) years of age or older may become a member in that parish's senior League chapter. **Additionally, a member of a local Orthodox parish may join a UOL chapter with approval of the Spiritual Advisor.**

b. Junior

Any member of the Church and a local parish who is between the local chapter's minimum age limit and eighteen (18) years of age, may become a member of that parish's junior League chapter. **Additionally, a member of a local Orthodox parish may join a UOL chapter with approval of the Spiritual Advisor.**

(Continued on page 6)

Thank you! Thank you! Thank you!

Thank you to everyone who has contributed to the Annual Fund Drive which includes UOL Projects, the Lynn Sawchuk -Sharon Kuzbyt Scholarship Fund and the Metropolitan John Scholarship Fund!

Total contributions are: \$5755.00
UOL Projects - \$1830.00
LSSK - \$2425.00
MJSF - \$1500.00



UOL Projects- total contribution \$1830.00

- Myron Shlatz - In Memory of Myron Shlatz Sr.
- Eric & Kira Senedak
- Joseph Romanosky - In Memory of Mary Z Romanosky
- Helen Kasprzyk
- Catherine Shaffer - In Memory of my brother John Lesky
- SR UOL St. Demetrius Carteret, NJ -In Honor of all UOL members
- St. Michaels UOC Baltimore, MD
- Bettyann and Janet Woyewoda
- Kristi & Alfred Gorick - In Honor of Catherine Dobransky’s 90th Birthday
- Mnohaya Lita!
- SR UOL Sts. Peter & Paul Youngstown, OH - In Memory of deceased chapter members
- Irene Pashesnik
- Daria & Michael Komichak
- Marilyn Druash
- Paul & Marlene Haluszczak
- John Roditski
- Michael & Martha X. Misko
- Larissa Kocelko
- Myron Boyko
- Barbara Dyga
- SR UOL Parma, OH
- Tom Planiczki
- Peter and Karen Konchak
- Dennis and Alexandra Ritter
- David Zaika
- Irene Pashesnik
- Joseph Romanosky - In Honor of Albert Romanosky
- Janice Meschisen
- Steve & Alice Sivulich
- Myron Shlatz - In Memory of Anna Shlatz
- John Ewanish
- Philadelphia, PA SR UOL
- Sonya Patronik - In Memory of Michael Lahuta
- Michael & Dareen Jogan
- Jane Yavarow



LSSK - total contribution \$2425.00

- Myron Shlatz - In Memory of Myron Shlatz Sr.
- Eric & Kira Senedak
- Olga Sawchuk - In Memory of Lynne Sawchuk
- Rose Boykas - In Memory of Sharon Kuzbyt
- Joseph Romanosky- In Memory of Anna Lebid
- Catherine Shaffer - In Memory of my husband George Shaffer
- SR UOL Carteret, NJ - In Honor of all UOL members
- Bettyann and Janet Woyewoda
- S M Sawchuk Sales Inc. - In memory of sister Lynn Sawchuk
- SR UOL Sts. Peter & Paul Youngstown, OH - In Memory of deceased chapter members
- Irene Pashesnik
- Daria & Michael Komichak
- Marilyn Druash
- Paul & Marlene Haluszczak
- John Roditski
- Michael & Martha X. Misko
- Stephen and Melanie Unger - In Memory of Anna and Michael Smallen
- SR UOL Parma, OH
- Peter and Karen Konchak - In Memory of Lynn Sawchuk
- David Zaika
- Irene Pashesnik
- Joseph Romanosky - In Honor of David Romanosky
- Janice Meschisen
- Steve & Alice Sivulich
- Myron Shlatz - In Memory of Anna Shlatz
- SR UOL Philadelphia, PA
- Thomas & Alla Grzymski - In Memory of Meuch & Grzymski Families



MJSF - total contribution \$1500.00

- Myron Shlatz - In Memory of Myron Shlatz Sr.
- Joseph Romanosky- In Memory of Helen Euler
- SR UOL Carteret, NJ - In Honor of all UOL members
- Bettyann and Janet Woyewoda
- SR UOL Sts. Peter & Paul Youngstown, OH - In Memory of deceased chapter members
- Irene Pashesnik
- Daria & Michael Komichak
- Marilyn Druash
- Paul & Marlene Haluszczak
- Charissa Sheptak & David Martin
- St. Mary’s Sisterhood of St. John the Baptist UOC Johnson City, NY
- Anna Woznak
- John Roditski
- Michael & Martha X. Misko
- Peter and Karen Konchak - In Memory of Fr. Frank Estocin
- Dennis and Alexandra Ritter
- David Zaika
- Irene Pashesnik
- Joseph Romanosky - In Honor of John Romanosky
- Janice Meschisen
- Anna Woznak
- Steve & Alice Sivulich
- Myron Shlatz- In Memory of Anna Shlatz
- SR UOL Philadelphia, PA
- Sonya Patronik - In Memory of Michael Lahuta
- Michael & Dareen Jogan

Thank you! Thank you! Thank you!



(Constitution Change - Continued from page 5)

3) Change to Article XI- MEETINGS OF THE LEAGUE

Section 3. Delegates and Guests

Each member of the executive board and all members of the clergy roster of the church shall be delegates. A chapter in good standing may send an unlimited number of its members who are in good standing to the annual convention as delegates. A member-at-large may be a delegate. A member of a chapter that is not in good standing, and any member of the Ukrainian Orthodox Church of the USA may attend as a guest.

Proposed Change (in bold):

Each member of the executive board and all members of the clergy roster of the church shall be delegates. A chapter in good standing may send an unlimited number of its members who are in good standing to the annual convention as delegates. A member-at-large **who is a member of the UOC of USA** may be a delegate. A member of a chapter that is not in good standing, and any member of the Ukrainian Orthodox Church of the USA may attend as a guest. **A chapter member or member-at-large who is not a member of the UOC of the USA may only attend as a guest.**

Please review this proposed Constitution change and be prepared to discuss it at the Convention.

(UOL Retreat - Continued from page 4)

hearts and gaining communion with God and others. Metanoia, often translated as repentance, is “to think differently after” and changing one’s life because of some new perception or realization. Pulling all of this information together helps us to form a closer relationship to God and others, not only during the Lenten period but also, throughout the year.

Our Lenten Retreat experience was truly a time to come together as Orthodox Christians, learning about our faith and preparing for the Resurrection of our Lord and Savior Jesus Christ.

We are hopeful that next year will bring a retreat filled with the same boundless spiritual message and gratifying uplifting feeling shared by all during the 2013 Lenten Retreat!

To view more about Dr. Woloschak’s Lenten Retreat workshop “Journey Through Great Lent” go to janus.northwestern.edu/wololab and click on lectures at top right.

St. Vladimir’s Senior UOL - Philadelphia, PA

St. Vladimir’s Senior UOL Chapter has had a very busy Lenten season. Throughout Great Lent we collected items for Emergency Baby Kits for the IOCC. The kits are specifically used to help babies who are refugees from Syria. The entire parish supported the project and in the month of May we will be preparing the packages to be shipped.



Chapter members also went to see the Philadelphia Orchestra perform Bach’s St. Matthew’s Passion. The performance was at the Kimmel Center and it was the first time that the orchestra had performed St. Matthew’s Passion

in over 30 years. The concert was amazing, with the standing ovation lasting over twenty minutes.

On the fifth week of Great Lent we were blessed by His Eminence Metropolitan Antony, who celebrated Divine Liturgy. That Sunday the UOL sponsored a UOL Talent Pledge where we asked all parishioners to make a pledge to the parish. That is, they were asked to bring a food item for the luncheon that day, to prepare an item that could be auctioned or to pledge to do something for the parish. Over 50 pledges were made which resulted in a



delicious Lenten luncheon. We had all pledges acknowledged with cards that indicated who made the donation. We also had a wonderful table with items for the silent auction including a beautiful hand-made quilted bag, jewelry, and pysanky. Others

baked delicious cakes that were also part of the silent auction. Others pledged to plant flowers around the cathedral for Pascha. Children of the parish also made a pledge and children recited poems and played the piano for the group. It was a lovely event and our

Talent Pledge raised over six hundred dollars for the parish.

Our chapter also baked cookies and decorated them to look like pysanky. The cookies were distributed to all parishioners as they left the church on Pascha. The pysanka cookie had a tag that greeted everyone for Pascha and encouraged everyone to come to Liturgy every Sunday.

We look forward to seeing everyone at the UOL Convention in Parma.

Welcome St. Sophia Seminary Senior UOL Chapter

At our recent National Executive Board meeting in Parma, Ohio we accepted the petition for membership from the St. Sophia Seminary in South Bound Brook, NJ. We were excited to see they have 10 members and hopefully will be growing their membership as they ask others to join that reside in the area. The board members are as follows:

- President – Subdeacon Adrian Mazur
- Vice president – Deacon Philip Harendza
- Treasurer – Subdeacon Ivan Chopko and assistant Fr. Vasyl Dovgan
- Secretary – Subdeacon Ioan Mazur and assistant Subdeacon Yuriy Andreiko

We look forward to congratulating them all in person at the 66th UOL Convention in Parma, Ohio. May God grant you many years of upholding the UOL motto of “Dedicated to Our Church and Devoted to Its Youth.”



Members of the newly formed chapter in Philadelphia

Coatesville UOL plans Beef and Beer Submitted by Jeanne Ruczhak-Eckman

It’s not déjà vu! The UOL at Holy Ghost in Coatesville held a Beef and Beer dinner in March and it was so successful, we were asked to do it again! On March 9th, the Coatesville chapter held a well attended Beef and Beer fundraiser at the Thorndale Fire Hall. The all you can eat buffet style dinner benefited UOL charities and the establishment of the 2016 Convention Fund. Parishioners, friends and family, and community members at large enjoyed an evening of fellowship. Several items were raffled off including: Omaha Steaks, a wine basket, kitchen appliances, an AVON filled basket and a 50" flat screen LCD television!

Déjà vu! We’re doing it again on Saturday, the 12th of October. It will again be held at the Thorndale Fire Hall. Dinner will again be all you can eat and there will be a cash bar. Seating is limited. To reserve your tickets, call 484-678-3673 or 484-678-3675.

The Holy Ghost UOL Chapter also encourages our parish youth to learn more of their heritage,



including our culinary heritage. On Saturday, April 27th, several parish children joined the UOL members to bake paskas. Paskas were made for each child there as well as our parish shut-ins. Junior UOL members who participated were: Jaclyn Domsohn, Anna Eckman and

Jagger Houck. Senior UOL members in attendance were Carol Bentley, David Bentley, Lauren Bentley, Bryan Domsohn, Helen Domsohn, Mary Eckman, Jayme Houck, Tabitha Houck and Jeanne Ruczhak-Eckman.

The Junior UOL members join the Senior UOL members making paskas for our parish youth and our shut-ins. From left to right: Mary Eckman, Anna Eckman, Jacklyn Domhon and Carol Bentley. Photo by Jeanne Ruczhak-Eckman.



Photo #2: Paskas. Photo by Jeanne Ruczhak-Eckman.

FAMILY FEST 2013
AUGUST 30th to SEPTEMBER 2nd

Church Services

ALL SAINTS CAMP
Ukrainian Orthodox Church
of The USA

Themed Dinner

Arrival: Friday, August 30th from 6:00 PM until ??

Departure: Monday, September 2nd at Noon

Participants are welcome for just a day as well!

Movies

Adults \$85.00
Students (12-22) \$65.00
Children (6-11) \$45.00
Children (0-5) No Charge

Games/Sports

Price includes lodging, all meals,
use of camp facilities and
participation
in encampment activities.

Annual Kickball Game

Volleyball

Relaxing

Swimming

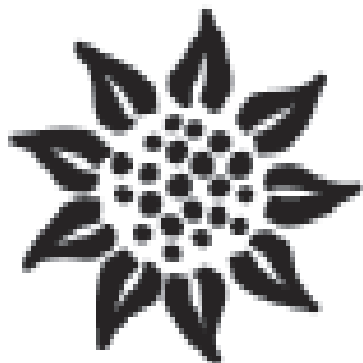
The NAME Game!!

For Information Contact
Christine Mills at 412-716-0562 / cmills63@comcast.net

86th St. John's "Ukrainian Days" Festival Weekend

Saturday, July 20, 2013 1pm - 8pm
Sunday, July 21, 2013 11am - 6pm

Ukrainian food and pastries -
Holubtsi, pirohi, kolbasa, kolachky, nut rolls.



Live entertainment, dancing,
gift shop, pysanky(egg)
demonstrations and church
tours

Large tent, grilled foods and children's games.

St. John's Ukrainian Choir and
Folk dancers
Saturday July 20, 2013
3 PM, free concert

Sponsored by:
St. John's Ukrainian Orthodox Church
1 St. John's Parkway (off Harry L Drive)
Johnson City, NY 13790

for more information visit www.stjohnuoc.com

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2013 Cultural Contest

- Participation is open to ALL UOL members, juniors and seniors.
- Entries will be displayed and voted on at the 66th Annual UOL Convention in Parma, Ohio.
- Any homemade item that involves Ukrainian heritage and culture is permitted

For more information, contact:
Sarah Hershey, Financial Secretary
Cultural Committee Chair
trackstar5.47@gmail.com



U A donation to the Tribute Fund is an acknowledgment of a Milestone, Memorial, or Accomplishment, or is a Special Recognition of an individual or group. Your much-appreciated contribution is used to support and further the Mission of the Ukrainian Orthodox League. All donations are published in the UOL Bulletin.

Donor	Occasion/Tribute
Anonymous	In loving memory of His Beatitude Metropolitan Constantine. You are truly loved and missed!
Pam Scannell	In honor of His Grace Bishop Daniel, to thank him for his spiritual guidance to the UOL National Executive Board.
Oleh and Natalie Bilynsky	In honor of Mr. and Mrs. Sufler. Thank you Mom and Dad for supporting all of our UOL Projects!
Martha Misko	In appreciation of the Junior and Senior UOL Members who volunteered to monitor the parking lots at the Diocesan Center during St. Thomas Sunday Pilgrimage Weekend. Thank you for your help!

Have you been wanting to honor or thank someone special? The tribute fund is the ideal way to honor someone or commemorate a special event! It is very easy to submit a Tribute. Don't put it off -- sent your tribute today!!

To submit your Tribute:

Submit a card that includes your Name and Address, the Name of the Person to Receive the Tribute, the occasion of the Tribute (for example In Memory or To Honor), and the Name and Address of the person to whom an acknowledgement card should be sent.

For a contribution of \$20 or more, the name and occasion is printed in the UOL Bulletin. UOL Tributes should be submitted to: Natalie Bilynsky 703 Pine Ridge Road Media, PA 19063. Please make check payable to Ukrainian Orthodox League.

ATTENTION BULLETIN READERS:

We haven't moved but our post office has -- when submitting items for the UOL Bulletin - please note change in address:
Natalie Bilynsky 703 Pine Ridge Road MEDIA, PA 19063

UOL Bulletin
c/o Natalie Bilynsky
703 Pine Ridge Road
Media, PA 19063

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